

Love All Serve All

LOVE ALL - SERVE ALL

DONATE YOUR EYES



Live And Let Live

SPECIAL EDITION

MAHAVIR VISION

MAHAVIR INTERNATIONAL, DELHI

(A Voluntary Charitable, Non-religious Social Service Organisation)

OCTOBER & NOVEMBER-2022

VOLUME - 26-27

ISSUE : 230

PRICE : ₹10/-

Celebration of
EYE CARE DAY 2022

Chief Guest :



Sh. V. Kalayan Rama
CMD-CONCOR

as
Hope for Light



With an Evening of
Golden Melodies
by Musical Medicos



Dr. Harjeet Kaur
Pediatrician

Dr. Ganesh Kr. Mani
Cardiac Surgeon

Dr. Subramanian
Urological Surgeon

Dr. Lalitha
Anaesthetist

Dr. Yash Gulati
Orthopaedic Surgeon

& Talent of Partner NGO

19 NOV.
2022

Saturday
6:00PM

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CONVENTION CENTRE
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Live And Let Live

सबको प्यार - सबकी सेवा

Mahavir International Association, Jaipur

(Registered No. 191/Jaipur/1975-76 Under Rajasthan Societies Registration Act, 1958)

Mahavir International Apex

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International Treasurer

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International Secretary General

Vir CA Anil K. Jain (MIF)

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“EYES ARE ONE’S WINDOW TO THE WORLD”

I am very happy to know that Mahavir International Delhi is celebrating “Eye Care Day” on 19th November’22 and a special edition of Mahavir Vision is also being published on this auspicious occasion.

Established for the purpose of selfless pious service of human beings, Mahavir International Delhi is fully dedicated in fulfilling its motto “Love All – Serve All” and “Live and let Live.” MID is actively engaged in taking the organization to newer heights while working with dedication and cooperation in this sacred service work. Since its inception, MID has been serving the poor and destitute segment of society to eradicate blindness and provide best of the Health Care service at their doorstep under the Project “DOCTOR AT DOOR STEP” by organizing Health Check up Camps Pan India.

Mahavir International Delhi has completed 43 years of its existence with rapid growth and undertaking new activities to meet day to day needs of the society. The recently started projects ‘झाँके नहीं आँखों में’, to provide Eye Care services, early detection and corrections of Eye problems of the school going children of slum area and another initiative of skill development of imparting training for nursing Assistants under Project “Health Care Training” to curb unemployment are praiseworthy.

Serving more than 52 lakhs beneficiaries has been possible with the selfless dedication of the Members, Management, Doctors, paramedical, administrative staff and all those associated with this organization. I convey my gratitude to one and all of them.

Shanti Kumar Jain

(Vir Shanti Kumar Jain)IPS (Retd)
International President



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"I'm Extremely Proud and Honoured To Have Been Part of This Amazing Centre, MI Delhi"



I am happy to learn that Mahavir International, Delhi is bringing out a special mega issue of its monthly journal "**Mahavir Vision**" on "**Eye Care Day-2022**". This prestigious event is continuously being celebrated by Delhi Centre from last two decades in pursuance of its core objective "**Hope for Light**". Many Congratulations and all good wishes to entire MID team. I am extremely proud and honoured to have been part of this amazing centre throughout its journey so far.

As you may all be aware that I was bestowed with a unique opportunity in last 3 years of my tenure as **International Secretary General** of MI Apex to see, understand, experience, interact with most of the Mahavir International centres operating across the length and breadth of the country. Let me express my independent assessment, opinion, and judgement that the MI Delhi Centre stands alone in terms of teamwork, dedication, strength, volume, quality, trust, credibility, and incomparable enthusiasm of the leadership in delivery of services to the target audience always and in every situation.

A big salute to all members, associates, donors, and philanthropists for continuously supporting MID in pursuance of its objectives.

Jai Mahavir.

(Vir CA Anil Kumar Jain)

International Secretary General

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"Privilege to be a Part of MID"

It is a matter of great pride and pleasure that Mahavir International Delhi (MID) is celebrating its annual feature **Eye Care Day** as **'Hope for Light'** on 19th November'22 at NCUI Auditorium, New Delhi and bringing out a special edition of Mahavir Vision on that occasion.

Mahavir International Delhi has been providing selfless services to the marginalized section of the society with dedication and devotion. It is heartening to know that so far more than 52 lac patients have been benefitted with the services of MID through its **three hospitals** and Health Check-up Camps organised in remote and unreachable areas under its flagship project **"Doctor at Doorstep."**

During last 44 years of its journey in SERVICE to the HUMANITY, it has expanded its activities by launching new initiatives, one to address health issues in school going children, such as Myopia, through its program **'झांके नहीं आंखों में'** and the other to create employment of para-medical staff through its **'Health Care Training'** program.

It is indeed my privilege to be a part of this prestigious organization. I personally congratulate all the Members, Doctors, Paramedical & other staff and organizations associated with the noble cause for taking this organization to greater heights.

I wish all the success to Mahavir International Delhi in its future endeavour to serve the humanity.

Yours sincerely,

(Vir Sudhir K. Jain, CA)
International Treasurer

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Vir Ravinder Jain

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JAI MAHAVIR,

I am immensely pleased to know that you are in the process of publishing special mega issue of our organization's journal on the 'illuminating' vision of Bhagwan Mahavir. No words are adequate to express my sincere appreciation of the religious commitment with which this esteemed organization has been serving the because of humanity. You focus on helping the deprived and down trodden sections of society in providing eye sight is laudable & this act will act remain an adornment for the Jain Samaj in particular and in perfect resonance of the vision of Bhagwan Mahavir.

On this memorable occasion, I send my heartfelt felicitations for the grand success of this mega event.

With Deep Regards,
Yours fraternally.

(VIR SANJEEV HIRALAL JAIN)

International Vice President

(Region-1)

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"जीवन भर आप समाज सेवा कर सकते हैं।
मृत्यु के बाद भी आप किसी की सहायता कर सकते हैं नेत्रदान से।"

Delhi Center is one of the prestigious Vir Centre of Mahavir International Organisation. This Center is working on every day basis to serve the nation. This center is putting efforts every day for the betterment of our society. To build a healthy nation, better vision can help us by improving the quality of work in day today life. People don't give importance to eye care. It is very important to have correct vision for the better and more work. Delhi Center is taking a great initiative in this direction. Being the Zone Chairperson of the Center, I appreciate the way they organise eye camps & health camps every day in different parts of India. Delhi Center is working day in - day out for the fulfilment of the following projects: Mission Cataract Free Delhi, Doctor at Door Step & 'इंकां नर्ही आंखों में'.

Now my best wishes are with Delhi Centre in successful completion of the above programmes. Under the leadership of Mr. K. Narayan (Chairman) a very efficient team has been formed. I am very proud of the initiatives that this Center is taking and I wish the best for motivating the people for their eye donation.

With Best Regards,

For Mahavir International, Delhi

Sunita Jain

Sunita Jain
Zone Chairperson

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MAHAVIR INTERNATIONAL, Delhi महावीर इन्टरनेशनल, दिल्ली

A Non Religious Social Service organisation

Chandra Prakash jain



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MESSAGE

Mahavir International, Delhi is celebrating its Eye care day "HOPE FOR LIGHT" on 19TH November 2022. With many new initiatives during the previous year MID is committed for a new thrust and vigor towards its continued efforts for service to Humanity.

Over the years, Mahavir International Delhi has been successfully serving the society through Hospital OPD, Health camps in remote areas, Eye Pledge, Physio Therapy to elders, Eye surgeries and Eye Pledge etc.

I convey my best wishes to MID for success in the endeavor for Health service and Eye care to the needy.

(CHANDRA PRAKASH JAIN)
PATRON, Mahavir International, Delhi
Former CMD, NTPC

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MAHAVIR INTERNATIONAL, Delhi महावीर इन्टरनेशनल, दिल्ली

A Non Religious Social Service organisation



V.S. Jain

MESSAGE

I feel privileged to be associated with Mahavir International, a voluntary, charitable and non-religious social service organization which is genuinely playing a pivotal role particularly in the field of eye care. It is heartening to note that it has served nearly 52 lakh patients and has performed close to 30000 cataract operations.

As usual Mahavir international is celebrating 'Eye Care Day' on 19th November, 2022 to felicitate families who have donated the eyes of their beloved ones for the benefit of unfortunates, and also to reiterate its mission of cataract free Delhi. With fully equipped mobile medical vans, the organization is aiming to provide health care at doorstep of the deprived section of the society.

I extend my best wishes to Mahavir international, Delhi for continued efforts in this noble cause with greater zeal and passion.

V S JAIN

PATRON, Mahavir International, Delhi
Former CMD, SAIL

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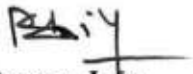
8TH NOVEMBER 2022**MESSAGE**

I must congratulate the team for their stupendous efforts & value-added initiatives in the healthcare sector. It is heartening to see the remarkable work done by the organization for the economically weaker section of our society during the pandemic. In fact, I feel honoured to be associated with Mahavir International and witness its initiatives since its inception in 1979. As it celebrates "Eye Care Day" on November 19, 2022, I feel glad to acknowledge its contributions to society through its endeavours. Mahavir International's efforts and contribution in eye care & supporting the deprived are immense and commendable. It has emerged as a new hope and support for many families who have benefitted through their efforts.

I am sure that this souvenir will promote a supportive environment and encourage the contributing members who have set a great example for the society to come together & support for such noble causes. I am also hoping that Mahavir International will continue its contribution towards the society through its benevolent services.

I would like to express my heartfelt gratitude & my best wishes to Mahavir International and its team for all its future endeavors.

Regards,



Pawan Jain
Founder & Chairman
Safexpress Private Limited
Patron, MID

www.safexpress.com

Safexpress Pvt. Ltd., 28, Sector 18, Udyog Vihar, Gurugram 122015



K. Narayan
Chairman

OVER EVOLVING VISION

MAHAVIR INTERNATIONAL DELHI

‘तमसो माँ ज्योतिर्गमय’

Though Mahavir International Delhi (MID) by its character is a “non-religious society”, this is more a statement intended to define that we do not identify with any one religion but instead follow the core tenets of all religions. I say this because wherever work is done to help uplift the less fortunate, that too with the spirit of universal compassion, it can only be defined as God’s work.

In the backdrop of the above, on being asked to write about our vision for the future of MID, the only thought coming to mind is - ‘तमसो माँ ज्योतिर्गमय’ or a clarion call for humanity to move “From Darkness to Light”, which is the essence of scriptures cutting across all religions. However while in the spiritual sense this essentially means removing the darkness of ignorance with the knowledge of light, for MID this additionally means removing the darkness of deprivation with the light of compassionate service and darkness of vision by the light of timely Eye Care/ increased Eye Donations. More on the vision a bit later, first let us assess the present.

NEW INITIATIVES

As extremely fulfilling two year tenure of the current Board draws to a close, we all can indeed look back with satisfaction on the various little milestones achieved. I purposely use the term “little” here as when we are doing God’s work, we cannot afford to be haughty. Our efforts are but a drop in the ocean of service being rendered by the Cosmos at large. For the purpose of brevity and also to avoid repetition, I will not dwell on all of our achievements and instead focus on initiatives of the current year.

1.) बीमारी से आजादी – As the country embarked on the 75th year of independence, MID also took upon itself the onus of doing its bit to liberate section of our populace from the spectre of diseases. And we did it by increasing the number of camps under our flagship programme of “Doctor at doorstep”. In the first seven months an unprecedented 150 camps have been organised either directly or through our affiliates on a Pan India basis, resulting in nearly 60,000 OPD consultations/treatment for our beneficiaries. Other than quantity, even the quality of the interventions has been paid attention to. MID, for the first time organised a structured interaction with the Doctors attending the camps to get their suggestions on how we can enhance the effectiveness of healthcare during the camp. Suggestions given by them are being acted upon. Additionally, we are also planning to televise in the camps a brief film on the importance of primary health care – including healthy lifestyle, diet etc.

A heartfelt thanks to all our CPSE, Corporate and individual donors for financing these initiatives and giving MID the opportunity to conduct so many camps.

2.) झाँके नहीं आँखों में – Those of us who have had the privilege of attending public schools will remember the periodic medical checks that used to be conducted – where among other assessments, our vision used to be checked. I distinctly remember getting detected with Myopia as a seven year old. The timely detection and correction using spectacles not only helped me see the blackboard better but also arrested any increase of myopia. However even five decades hence, a significant section of our child population is not privileged with such checkup at schools. And this can result in not only shortsightedness, but also its causes like childhood diabetes, going undetected.

The above situation got us thinking and resulted in birth of झाँके नहीं आँखों में – an initiative taking us to municipal/NGO run schools, who are primarily educating the underprivileged children, to get their vision and basic medical checks carried out. The spectacles for the children detected with Myopia are delivered to the schools a couple of days later. Students are also being administered basic deworming medicines in these camps. Additionally these camps also carry out the vision test of the parents and other service providers in the school, so that the benefits can reach many!

A popular intervention, since its launch in July this year, already 10 camps have been held wherein close to 3000 children have been administered the check and 166 have benefited from timely vision correction by way of provision of spectacles.

3.) Healthcare Training – MID also made a new and much needed foray this year. The importance of informal health care cannot be lost as our country ages rapidly. Increased life expectancy and nuclear families means increased requirement of paramedic attention. Hence MID has got into Nursing Assistant training at our Nabi Karim centre collaborating with SSS Foundation, who have already conducted this course in Bavana. At the time of writing two batches are in progress educating 25 young women on the nuances of health care. Theoretical classes are accompanied by visits to the various facilities at the centre so that the students gain practical knowledge as well. The students will be certified by Apollo Mediskills, and hence enter the job market confidently.

Through this initiative, we hope to provide gainful employment to the youth around Nabi Karim on one hand and also help reduce the paucity of competent health care service providers on the other.

Now I dwell on the **Vision** of MID. Well, it is simple, we continue our endeavour of dispelling darkness of the distressed both by way of our health care interventions pivoted on eye care and also by the light of knowledge – be it creating awareness on primary healthcare and vocational training to the underprivileged. Close to 70,000 consultations/therapies/tests in the first seven months of this year and performance of more than 650 cataract surgeries shows that our healthcare interventions are once again on the growth path after the hiatus suffered due to pandemic and its induced lockdowns.

Reach out for Eye Pledge to the living and consent for Eye Donations by the near and dear of those who have passed on, is another key area, that MID hopes to work upon more intensely in the coming years. In fact the second is what finally results in the availability of the two corneas and also what one can ensure while living. Hence motivation for this act assumes as much importance as eliciting pledges.

As all light has a source, so too for MID the source for our interventions is manpower and funding. On the first, we are endeavouring to put in place a lean but intelligent workforce, who can couple the ground level efforts with smart digital interventions to be more effective. Continuous evaluation of their performance and periodic mentoring is also being undertaken. On the issue of funds, however there is a need for a rethink. MID has till now adopted the policy of pricing our services at a bare minimum and making up for the deficit through the liberal contributions we receive in our fund raisers. However this may not always prove sustainable as the donors too can be afflicted by limitations off and on – especially as the COVID period has shown. Also even at the best of times it does not help add to the Corpus of the Society, which even after 44 years of existence hovers around a modest Rs One Crore for MID.

There is therefore a need to rationalize the pricing of our services and also increase utilization of our space and facilities to enhance accruals. Our centres are without doubt “Not for Profit”. However, they should also be “Not for Loss” to the extent possible. A workable and self-financing arrangement is necessary at all the centres, for the services to remain sustainable, even if it means a modest hike in the charges. As regards improved level of infrastructure utilization – a start has already been made with the outsourcing of physiotherapy services at Hauz Rani, which has helped MID cut down all losses in this intervention. The pathological services are also being considered for a similar model change. Needless to mention the reach out to our CPSE, Corporate and individual donors will continue and get augmented by a more focused social media outreach – which is fast becoming the source for significant donations.

To conclude, MID hopes to build up on its strong fundamentals created by the compassionate toil of many of our early luminaries adopting new methods of interventions to help dispel darkness from society to the extent we can. As conveyed at the start, our work is at the behest of the Almighty and as long as we do it with a spirit of service and love, He will surely take care and ensure fruition of our noble vision and mission to dispel darkness - तमसो माँ ज्योतिर्गमय!

SECRETARY REPORT

Jai Mahavir

Mahavir International is celebrating Eye Care Day on 19th Nov 2022 after successfully coming out from the two struggling year 2020-2022 which were the most horrified years for the whole world losing near and dear ones due to covid 19, but we did not stop doing our best to serve the society during pandemic. Looking behind on our achievements, it gives us immense satisfaction, to be able to bring smiles on the gloomy faces of the large populace of disadvantaged section of society. In spite of so many hurdles and pandemic, this year ended on 31st March 2022 was eventful as always.



Arun Jain
Secretary

Performance of Mahavir International Delhi Centre during the year 2021-2022 is as follows:

	For the year ended 31.3.2022	For the year ended 31.3.2021
Total Patients examined	: 1,91,225	42,898
Patients examined at Hospitals	: 1,50,619	39,566
Patients examined at Camps	: 40,606	3,332
Camps organised	: 133	10
Cataract Surgeries performed	: 875	0
Eye Donations	: 2	2
MRIs Done	: 1,952	1,320
CT scans performed	: 2,551	786
Funds collected	: Rs. 677.66 Lacs	Rs. 237.78 Lacs
Funds utilized on activities	: Rs. 616.14 Lacs	Rs. 172.84 Lacs

Other than our regular activity of providing healthcare services at our 3 Medical Centre and camps, three new projects were launched. During the period of first quarter when there was shortage of oxygen, Project "हर सांस है जरूरी" was launched by arranging 257 OXYGEN CONCENTRATORS and distributing to other centres of Mahavir International on Pan India basis, Government and Private Hospitals. Total cost of this project was Rs. 245.35 lacs which was sponsored by CONCOR, NSFDC, Vandana Jain and Raj Jain from USA, Private Cooperates and Individuals. Other than the oxygen concentrators, 3 ICU Ventilators were also provided to the different hospitals.



On 18th July 2021 MID celebrated its Foundation Day-2021 by launch of COVID VACCINATION drive by starting free Vaccination centre at Nabi Karim Hospital. After successful working at Nabi Karim another vaccination centre was inaugurated at Badarpur Hospital on 16th Aug 2021. The vaccination drive was supported by various PSEs namely CONCOR, NSKFDC, NMDFC and other corporates and individuals. Total 16950 persons were benefited under this project which had a cost of Rs. 168.60 lacs.

During the period “सबको भोजन” was also initiated to provide meal to around 250 daily wagers on rotation basis outside our three hospitals at Nabi Karim, Hauz Rani and Badarpur.

During the year we have signed Memorandum of Understanding with PSUs like CONCOR, RITES, GAIL, National Backward Classes Financial Development Corporation (NBCFDC), National Minorities Development Finance Corporation (NMDFC), National handicapped Finance and Development Corporation (NHDFC) and Artificial Limbs Manufacturing Corporation of India for organizing health Check-up camps under Corporate Social Responsibility (CSR) initiative. Other corporate Houses and individuals like Rajdhani Besan Group, Safexpress, Vibes Health Care Ltd., Sh. Raj & Smt. Vandana Jain of USA are regular sponsors of the camps.

I thank all the donors, sponsors and philanthropists for their continued patronage.

In spite of all odds MID organized 133 camps during the year out of which 86 camps were organized in Delhi-NCR and remaining 47 camps were organized outstation. Out station camps were organised at Chittogarh, Baran & Sirohi etc. with the support of local centres of Mahavir International and other local philanthropists. With the unstinted, unconditional, continuous, dedicated and active support of local centres of MI, we have been able to do this task with ease and maintaining high level of quality. I express my heartfelt thanks herculean gratitude to the entire team of local centres from the bottom of my heart.

Three Board Meetings were held during the year 2021-22

After 2018, in the year 2021 physical Eye Care Day- HOPE FOR LIGHT was organized on the evening of Sunday 28th Nov 2021 at the Stein Auditorium, India Habitat Centre, New Delhi with a live concert by renowned singer Padamjeet Sehrawat, performance by children and youth of allied NGOs namely Godhuli, Jamghat and Housla and hidden talent of MID Pariwar.

An initiative of EMPLOYEES RECOGNITION on monthly basis was launched to motivate employees and teams to work at their full potential.

I express my thanks and gratitude from the bottom of my heart to the Chairman, Board members, my colleagues and others for their continuous guidance and support in fulfilling my responsibilities as secretary.

I also thank the team of more than 100 Doctors, medical & para-medical staff, administrative staff and associated agencies and suppliers who have been working tirelessly in achieving our mission **"LOVE ALL- SERVE ALL"** and **"CATARACT FREE DELHI"** and hope that their support will continue to be forthcoming in the years to come.

SECRETARY REPORT

Persons at The Helm of Affairs

PATRONS



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Former Member-Public Grievances
Commission, Delhi Govt.



SH. C. P. JAIN
Former CMD-NTPC



SH. V. S. JAIN
Former CMD-SAIL
& Member-PESB



SH. RANJAN K. JAIN
Former Advisor
Railway Board



SH. PAWAN JAIN
Chairman
Safexpress P. Ltd.



SH. K. NARAYAN
Chairman
(Former MD, NBCFDC)



SH. SATENDER KUMAR JAIN
Chairman Project
(Chairman, Rajdhani Besan Group)



SH. ASHHOK KUMAR JAIN, CA
Chairman Finance
(Chief Mentor, Vibes)



V. N. SHARMA
Chairman Special Initiatives
(Former Additional CPF Commissioner)



SMT. ANU JAIN
Vice Chairperson



SH. ARUN KUMAR JAIN
Vice Chairman &
Chair IT & CSR Committee
(Former MD, Fluor Daniel)



SH. ANIL JAIN, CA
Chairman HR Committee
Intl. Secretary General MI APEX



SH. SUDHIR K. JAIN, CA
Chairman Audit Committee
Intl. Treasurer MI APEX



SH. ARUN JAIN, CA
Secretary



SMT. ABHA JAIN
Jt. Secretary
Entrepreneur



SMT. AMEETA SHARMA
Jt. Secretary
Retd, Banker Bank of India



SH. ARIHANT SAGAR JAIN
Jt. Secretaries
Advocate



SMT. SUNITA SINGHAL
Treasurer
(Retired Engineer)



SH. VINAY JAIN
Joint Treasurer
Retd, Banker State Bank of India

OUR SERVICES



EYE CHECK UP



FREE CATARACT
OPERATION



GENERAL CHECK UP



PHYSIOTHERAPY



LAB TESTING



HOMEOPATHY/AYURVEDA



HEALTH CHECKUP CAMPS PAN INDIA



STRENGTHS

- State of the Art Infrastructure in all Eye & Health Care Centres.
- Committed team of about 100 Doctors and Para-Medical Staff.
- It has a Membership of about 400 comprising Senior Bureaucrats, IAS, IPS, IRS, Allied Services, Professionals, Industrialists, Businessmen, Social workers and Philanthropists.



OBJECTIVES

- Motivate People for Eye pledge/Eye Donation.
- Create awareness and work towards prevention of blindness and other Eye ailments and remedies.
- Create awareness and Provide Eye & Healthcare to the Under Privileged.
- Early Eye Care Intervention for Slum School Children -
'झांके नहीं आंखों में'



ACCREDITATION

- Registered NGO with Niti Aayog on the DARPAN Portal.
- Registered with MCA for implementing CSR projects.
- Registered under FCRA by Ministry of Home Affairs to receive foreign contributions.
- **Donations-Enjoy Income Tax exemption under Section 80G of the Income Tax Act; 1961.**
- Executing CSR projects for nearly 20 CPSEs including CONCOR, GAIL, RITES, IOC, EIL.

MID has been over the Years Serving the **POOR & NEEDY** by

- Operating 3 charitable health centres with **state-of-the-art operation theatres, Physiotherapy Units & Modern Digital Pathology Lab.**
- Associating with Delhi Govt. in its “मोतियाबिंद मुक्ति अभियान” to achieve our mission of “**Cataract Free Delhi**”.
- A flagship project - "Doctor at Doorstep" to provide free detection, transportation and treatment of cataract for the marginalised populace. Organizing Free Eye & Health Chcekup Camps PAN India.
- Providing gift of vision. 566 benefited and aspiring for many more.

MID – An Introduction

What started out as a humble effort by a few denizens of society in 1975 has since snowballed into a huge momentum called Mahavir International. Working selflessly, fearlessly, dedicated & committed to alleviate & ameliorate the sufferings of mankind, irrespective of religion, caste, colour or creed, that's the essence of Mahavir International. well encapsulated in its short but universal motto. **"Love All - Serve All!" (सबको प्यार - सबकी सेवा)**. Mahavir International was setup with the aim

- To spread the teachings of Lord Mahavir all over the world
- To follow the path of truth, non-violence and love
- To provide solace and relief to all living beings
- To conserve the glorious intellectual, cultural and moral values

Today, with over 300 centres worldwide, including 5 abroad in USA, Australia, UK, Dubai and Singapore, the organization boasts of a committed member base of 8,500 who are holding the beacon high.

Mahavir International Delhi centre (MID), registered in 1979 under the Societies Act XXI of 1860, is a leading Non-Religious, Not-For-Profit charitable organization of Delhi with a significant number of working and retired senior **bureaucrats (belonging to IAS, IPS, IRS and similar services)** as also **senior level officers of CPSEs, PSBs & other autonomous bodies** as its members, and has been the torch bearer of the APEX body since its inception. With the underlying objective of serving the humanity at large, Mahavir International Delhi took upon itself the challenge to specialize in & provide quality Eye Care & Health care to the poor & needy strata of society who can ill afford these basic rights.

Playing the role of a responsible and compliant NGO, MID is registered with:

- NGO Darpan of Niti Ayog (Reg. No-DL.2017/0152633),
- IT department under Sections 80G and 12A of the IT Act,
- With Ministry of Home Affairs under Foreign Contribution Regulation Act (FCRA)
- Ministry of Corporate Affairs (MCA) for undertaking CSR activities (Reg. No. CSR002906)

VISION

Work selflessly and tirelessly towards laying foundation of creating a healthy society with special focus on timely diagnosis of diseases to prevent their aggravation in order to improve overall health of disadvantaged sections of society while aiming for a cataract free Delhi and ultimately the rest of India

MISSION

To expand reach and spread of health facilities by organizing one mobile health check-up Camp a day in rural, remote and jhuggi clusters by empowering people, especially women, creating knowledge and awareness about need for better health and hygiene through sustained publicity and prevention of diseases; manage and operate more free or affordable medical and diagnostic centers and set up own Eye Bank.

The Organization has been steadfastly working in this direction, and constantly innovating to reach their desired objectives. Today, Mahavir International Delhi is running **three well equipped Eye cum Health centres with modern facilities. These 3 Medical Centres**, equipped with 3 ultra-modern Eye Operation Theatres, are situated in backward areas with an excellent team of doctors, para-medical staff and state-of-the-art facilities for Eye-Care which are comparable to even the best of private hospitals & certainly a first among charitable ones. To further its service & reach, the Organization conducts a large number of Eye & Health checkup camps Pan-India & runs 4 fully equipped Mobile Medicare vans under their flagship "Doctor at Doorstep" project in far flung areas & JJ clusters in and around the National Capital region of Delhi.

The ethos of service is running thick in the veins of the organization. So, although the focus of Mahavir International Delhi continues to remain on Eye care, the organization is always at the forefront whenever there is a burning issue to be handled. MID has stood firm and tall and its members have contributed in a big way towards rehabilitation programmes whenever a calamity has hit our Country or its neighbours in the past.

Over the last 44 years since its inception, a large number of people from all walks of life, Professionals, Corporates, PSEs, PSBs, NGOs, Industrialists, Eminent citizens, and Celebrities have joined hands with us & strengthened the bonds of service & empathy.

MEDICAL EYE AND HEALTH CENTRES

These Centres are the pride of MID and are operating with an an excellent team of doctors, para-medical staff and state of the art facilities:-

- Latest Phaco-Emulsification Machine, Surgical Operating Microscope & Auto Refractometer.
- The First Charitable Hospital To Switch Over From Ordinary Cataract Operations To IOL Stitch less Operations.
- Set Up A Center For Glaucoma (Kala Motia) Detection & Treatment.
- Opening of Retina Unit which is rarely found in any Social Service organization.
- Providing Integrated Medical Services Including Eye Care, Allopathy, ENT, Physiotherapy, Gynecology, Ayurveda, Homeopathy, Refraction / PMT And General Medicine, with Well Equipped & Modernised Diagnostic Laboratory.

- Providing spectacles at most affordable rates.

The Health Centres at Nabi Karim, Badarpur And Hauz Rani Saket have gained proficiency and expertise in the field of Eye-Care.

MID HEALTH CENTRES AT A GLANCE

Rajdhani Charitable Eye and Medical Centre is situated at backward & thickly populated area of Nabi Karim, Qutab Road. It was set up in Nov. 1998 with 10 Beds & facility of Cataract surgery dedicated at the hands of Sh. Vijay Kapoor Hon'ble Lt. Governor of Delhi. It was converted to full-fledged hospital with the inauguration of other facilities by Smt. Sheila Dikshit Former Chief Minister of Delhi in October 1999. It has OPD facilities in Eyes, General Medicine, Homeopathy, Physiotherapy, Digital Pathology Laboratory, and State of the Art Operation Theater for Cataract Surgeries.

Lala Aman Singh Jain Charitable Eye Research and Medical Centre at the backward area in Hauz Rani Market near Saket in South Delhi was inaugurated by the Dr. Ashok Walia on 10.2.2002, the then Health Minister of Delhi. In January 2012, this hospital has been upgraded with Ultra Modern State-of-the-Art operation theatre. It has OPD facilities in Eyes, General Medicine, Gynecology, Homeopathy, Ayurveda, Physiotherapy and State of the Art Operation Theater for Cataract Surgeries.

Kishwana Charitable Eye & Medical Centre at Badarpur well equipped with Modern Art Operation Theatre for Cataract surgeries donated by Late Shri Krishan Lal Arora of Kishwana Charitable Trust was inaugurated on 29th January 2006. It has OPD facilities in Eyes, General Medicine, ENT, Gynecology, Homeopathy, Ayurveda and Physiotherapy.

MAJOR PROGRAMES

Eye Care

Mahavir International is committed to provide quality eye care to the needy underprivileged people of Delhi without any caste or religious bias. dream & vision of making Delhi a 'Cataract Free Zone'.

The organization has also been part of various Delhi govt. programmes over the years, for eye screening & check-ups of students, pensioners, Tihar Jail inmates among others.

Till date, over 30,000 cataract surgeries with IOL implants and eye sight of over 566 persons restored through eye donations and 5 cornea transplants and over 52lakh patients have received treatment.

We are also associated with Delhi Government for its project, "MOTIA BIND MUKTI ABHIYAAN".

HEALTH CARE SERVICES

In addition to providing medical services at the three Health Centres detailed above, we are also organizing Free Eye & Medical check-up camps Pan-India and running four Mobile Medicare units to provide free medical facilities & distribute free medicines to poor residents of far-flung areas & JJ clusters at their doorsteps and two vans for pick and drop of patients.

EYE PLEDGES AND DONATIONS

Moving another step closer to realizing its dream of providing 'Sight to all', Mahavir International Delhi had launched yet another initiative, **Eye Donation Pledges** and mobilized a host of people from all walks of life including prominent personalities and Renowned singers like Kailash Kher, Shaan, Shankar Mahadevan, Ghazal Maestro Late Jagjit Singh, Hindi Poet Sh. Ashok Chakradhar, and Late Raju Srivastava Comedy King have pledged their eyes so far.

Over 34,100 persons have pledged their eyes so far. Actual eye donations from 283 persons after death have provided sight to 566 blind people.

DOCTOR-AT-DOORSTEP

It has been a mission of Mahavir International Delhi to provide medical support to the maximum number of needy people. Towards this end, the organization has taken up an ambitious project aptly named "Doctor at Door Step". Under this program, 4 fully equipped Mobile Vans complete with all medical facilities are deputed with a team of doctors and paramedical staff to provide treatment and two vans for pick and drop of patients. This is a unique and innovative initiative by the organization to fulfil the goals set by it.

OUTSTATION CAMPS

Mahavir International is also organizing outstation Eye & Health checkup camps pan-India for PSEs & Corporates at their local hubs in association with local chapters of Mahavir International APEX.

VIRA VISION GROUP

Moved by the condition of the patients visiting our Health Centres, the women at MID decided to do their bit by actively supporting the members at MID. Not to be left behind, they formed a group calling themselves the Vira Vision Group. (Men and Women of Mahavir International are known as Virs and Viras). Their aim is to provide relief to the poor and distressed members of society at a grassroots level. Towards this end their activities include facilitation of hygiene and sanitation, supporting development, and covering up deficiencies.

This group is the pride of Mahavir International Delhi.

COVID-19 came upon our nation as a challenge. MID rose to the occasion and provided **Relief Support** in several areas:

DURING THE FIRST WAVE

More than **1.53 lacs** Food Packets, **34,300** Face Masks, **29,430** Sanitary pads, **15,000** water bottles, **4400** soaps, **3300** Ration Bags, **4300** Blankets, **700** Face Shields, **150** PPE Kits, **2650** Baby Kits, **300** packets of Stationery items besides Utensils/Gas Stove have been distributed costing more than **Rs. 1 Crore**. Additionally, we distributed **1000** diapers for Alzheimer patients; clothes to a similar number and **four months** complete ration to old-age homes.

All this was realized and made possible through the Vision and support provided by the team led by MID's **Vira Vision Group**.

During the Second Wave

- More than **305 Oxygen Concentrators** at a cost of **Rs. 3.50 Crores** have been provided to Govt. Hospitals and Charitable hospitals for the treatment of COVID patients.
- So far more than **9500 persons** have been vaccinated through camps and in our **Two Private Covid Vaccination Centres**. The approx amount that will be spent is more than **Rs. 1.03 Crore**.
- So far more than **25000 food packets** have been distributed to Daily Wagers, Rickshaw Pullers, Construction labourers etc. towards which we have approximately spent more than **Rs. 9 lacs**.

Post COVID

With COVID firmly behind us, MID set out this year to address the health issues of the economically weaker section of our society who had been additionally deprived of healthcare because of COVID restrictions. Some new initiatives were launched.

झांके नहीं आंखों में

MID launched another new project “झांके नहीं आंखों में” for providing free Eye Check up and provision of distance vision glasses to children detected with eye sight problems by organizing free camps. The importance of timely detection and correction by using spectacles helps children see the blackboard and thereby understand the lesson being taught and also arrest the increase of myopia.

So far we have organized 9 camps and attended to more than 2500 children.

Health Care Training

MID also made a new and much needed foray this year. The importance of informal health care cannot be lost as our country ages rapidly. Increased life expectancy and nuclear families means increased requirement of paramedic attention.

The Nabi Karim centre has now commenced health care training for Nursing Assistants by collaborating with SSS Foundation. Till date more than 25 young women students have been enrolled and are being trained on the nuances of health care. The students will be certified by Apollo Mediskills in due course.

Through this initiative, MID hopes to provide gainful employment to the youth around Nabi Karim on one hand and also help reduce the paucity of competent health care service providers on the other.

‘बीमारी से आजादी’ - As the country embarked on the 75th year of independence, MID also took upon itself the onus of doing its bit to liberate section of our populace from the spectre of diseases. And we did it by

- 1) increasing the number of camps under our flagship programme of “Doctor at doorstep”. In the first seven months an unprecedented 150 camps have been organized either directly or through our affiliates on a Pan India basis, resulting in nearly 62660 OPD consultations/treatment for our beneficiaries. Other than quantity, even the quality of the interventions has been paid attention to. MID, for the first time, organised a structured interaction with the Doctors attending the camps to get their suggestions on how we can enhance the effectiveness of healthcare during the camp. Suggestions given by them are being acted upon. Additionally, we are also planning to televise in the camps a brief film on the importance of primary health care – including healthy lifestyle, diet etc.
- 2) organizing free OPD from time to time at our 3 Centres. Free OPD entails a patient to free registration and free medicines. This also helped to increased footfalls at the Centres on these days.

In Summary,

Since 1998 nearly **52 lakh** patients have benefited from our health care and related services. We have organized more than **3,220** free Eye & Health check-up camps under our Doctor at Doorstep initiative and performed **close to 30,000** cataract operations. Significantly we have also been able to motivate **283** families to donate eyes of their deceased member thereby facilitating **566** blind persons to see and enjoy the beauty of this wonderful world.



VIRA VISION A Champion of Compassionate Service to the Society

As all of us know, the past two years 2020-21 and 2021-22 have been indeed one of the darkest period in our lives, with pain of a deadly disease, losses of near and dear ones as also of livelihood. The only reason of cheer was the human spirit and brotherhood, which helped us overcome adversity. The years have shown, that life is fickle and that humans need to practice loving and giving. And Vira Vision, the women's wing of Mahavir International Delhi (MID) has lived upto this principle!

The organization has in the past two years mobilized and deployed a whopping Rs 85 lakhs for benefiting those in distress – especially the underprivileged and lit a smile in many forlorn faces. While a detailed break-up of the contributions of Vira Vision are enclosed, some of the major highlights are briefed herein below:

- With the livelihood of lakhs of migrant labour and daily wagers affected in the various lockdown, Vira Vision mobilised from members, donors and corporates close to Rs 45 lakhs which were used to feed nearly 1, 85,000 meals to slum dwellers, daily wagers, migrant workers as also the elderly and the mentally challenged.
- Close to Rs 25 lakhs was utilized for giving basic ration kits to 2,200 families along with other essentials such as soaps, toiletries, slippers, jackets and other such daily essential items for the poor.
- Given its commitment to Women and child care, Vira Vision members continued to visit hospitals and slums, unmindful of the risks associated with the pandemic and distributed around Rs. 5 lakhs worth of sanitary pads, baby kits, diapers, baby woollens etc thereby assuring these vulnerable category that they were being cared for. It also participated in the country wide record setting endeavour for distribution of 2,500 baby kits and played its part in distributing 300 kits in Safdarjung Hospital, Clothes to families at Shikharji, Bihar & Special meals to 1550 Alzheimer patients of Guru Vishram Vridh Ashram and 75 mentally retarded children of Nirmal Jyoti Foundation
- Last but not the least, Vira Vision also participated in addressing health care challenges by liberally distributing PPE kits, face masks, shields etc to the exposed health care worker. Later the organization also helped MID vaccinate the under privileged in the charitable hospitals run by the centre by sponsoring 300 jabs. Eight cataract correction surgeries were also sponsored.

Vira Vision continues to play the role of a proactive advisor of MID. The new initiative of MID – ‘झांके नहीं आंखों में’, which entails carrying out eye and basic health check of underprivileged children in their schools coupled with distribution of Distance Vision spectacles to correct Short sightedness, was also a brainchild of Vira Vision. In a short period of four months nearly 3000 children of 10 schools have benefitted from this endeavour.

Vira Vision hopes to carry out such field level activities with compassion in future also so that MID's objective of **"LOVE ALL SERVE ALL"** gets fulfilled in the truest sense.

VIRA VISION ACTIVITIES

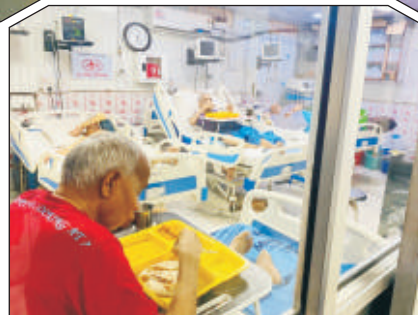


Projects

- COVID-19 Relief (Programme)
- Baby Kit/Diaper Distributions
- Food Programme
- Woolen & Clothes Distribution (Sabko Kapda)
- Daily Essentials
- Educational Help
- Medical & Health Camp

OUR ACHIEVEMENTS

Items	-	No of beneficiaries
Meals	-	35,000
Ration	-	1,850
Stationery kits	-	250
Oxymeter	-	15
Diapers	-	5,000
Clothes	-	3,000 Families
Chappals	-	150 Pairs
Baby kits	-	2,500
Sanitary pads	-	30,000
CVC vaccine	-	300
School Bags	-	100



NEW INITIATIVES

झांके नहीं आंखों में EYE CARE FOR SCHOOL CHILDREN



Organised in MCD & other Schools of underprivileged

Free OPD



Organised in our three Centres

PROJECT

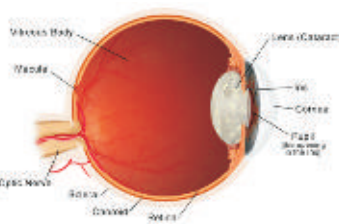
"Doctor at Doorstep"

General Health Camps PAN India



PROJECT

“Motiyabind Mukti Abhiyan” “मोतियाबिंद मुक्ति अभियान”



Cataract Surgeries Performed in all three Centres

Pillars of Strength

(In Alphabetical Order)

PSES

1. Artificial Limbs Manufacturing Corporation (ALIMCO)
2. Container Corporation of India Ltd. (CONCOR)
3. Container Air Limited (CAL)
4. Coal India Ltd. (CIL)
5. Dedicated Freight Corridor Corporation of India Ltd (DFCCIL)
6. Engineers India Ltd. (EIL)
7. Gas Authority of India Ltd. (GAIL)
8. Gateway Distriparks Limited
9. Indian Railway Catering & Tourism Corporation Ltd. (IRCTC)
10. Indian Oil Corporation Ltd. (IOCL)
11. Indraprastha Gas Limited (IGL)
12. National Backward Classes Finance & Development Corporation (NBCFDC)
13. National Handicapped Finance and Development Corporation (NHFDC)
14. National Safai Karamcharis Finance and Development Corporation (NSKFDC)
15. National Scheduled Castes Finance and Development Corporation (NSFDC)
16. National Minorities Development and Finance Corporation (NMDFC)
17. Oil & Natural Gas Corporation Ltd. (ONGC)
18. Power Finance Corporation Limited (PFC)
19. Rail India Technical and Economic Service (RITES)
20. Tourism Finance Corporation of India (TFCI)

PSBS

21. Bank of India
22. Indian Bank

CORPORATES

23. Akshay Aluminium Alloys LLP
24. Arihant Buying Services
25. Ashiana Ispat Ltd.
26. Conscient Infrastructure Pvt. Ltd.
27. Digambar Jain Sangh
28. Fluor Daniel India Pvt. Ltd.
29. Hindustan Alcox Limited
30. Inox Group of Companies
31. JH Jewellers
32. Marc Enterprises Pvt. Ltd.
33. Manav Kalyan Foundation
34. Manglam Ventures Pvt. Ltd.
35. M.B. Tubes Pvt. Ltd.
36. Niryat-Sam Apparels (I) Ltd.
37. Orient Craft Ltd.
38. Rajdhani Flour Mills Ltd.
39. Safexpress Pvt. Ltd.
40. Tamil Federation of Reunion Island FAGRHCTR (MLI)
41. The Midland Fruit & Vegetable Products India Pvt. Ltd.
42. Vibes Health Care Ltd.
43. Wonder Cement

EYE PLEDGE *By* CELEBRITIES



SHANKAR MAHADEVAN



SHAAN



GHULAM ALI



ASHOK CHAKRADHAR



नेत्रदान से दिलाएं आँखों को जान



के. नारायण
चेयरमैन

अक्षि हमारे जब अक्षय हैं, तो क्यूँ न बना रहे इनका अधिकार,
इस जिस्म में जब रूह न रहे तब भी ये नेत्र न छोड़े संसार।

फिर देखें वे कैसे अरुणिमा की ठंडक में रोज़ खिलती है बहार,
जब पेड़ों के शाखों से गूंजे पक्षियों की चहचहाहट और पुकार।
देखें वे ट्रेन की खिड़की से हरियाली खेत, बीच में नहरों की धार,
दूर बर्फीले पहाड़ों को, जो मानो पहेने हुए हो मेघों का हार।।

फिर देख सके वे बच्चों के आँखों में शरारत, माँ के आँखों में प्यार,
और पिताजी की घूरती नज़रें जिसका मतलब है साफ़ इनकार।
देखें वे कि कैसे कुछ नासमझ कर जाते हैं अपनों से छल,
पर कैसे अच्छाई फिर भी ढूँढ़ देती है हर समस्या का हल।।

नाच सके वे फिर देख किसी नृत्यांगनी के झटके,
और झूमें देख कोई विराट के बल्ले से निकले छक्के।
देख सके वे लहराते हुए तिरंगे को घर घर में,
और ताज को चाँद में चमकते संगेमरमर में।।

देख सकते हैं और बहुत कुछ जब इन आँखों को मिले एक और जान,
बस एक उपहार की इन्हें अपेक्षा - **मरणोपरांत नेत्रदान**

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RK
GROUP

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Arthritis

How To Prevent and Manage



Dr. Yash Gulati
Padma Shri
Dr. BC Roy National Award
Apollo Hospital, Delhi



LIFE IS MOTION, MOTION IS LIFE

Human body is a sophisticated machine designed by God which has many moving parts joined to each other through joints.

Like any other mechanical machine, these joints also have wear and tear with time and lead to age related arthritis called osteoarthritis.

Bones forming the joints are actually covered with very fine, almost frictionless joint cartilage, which allows us infinite, painless movement years after years. But when this wears out with time underlying bone is exposed, there are inflammatory reactions in the joints. Joints then become painful and person may have difficulty in walking or may have pain even at rest.

Whereas age related osteoarthritis develops very slowly, there is another type of arthritis which can develop very rapidly and it is called "inflammatory type of arthritis" for example rheumatoid arthritis. I call this a "red flag arthritis" because if it is not diagnosed early and special disease modifying drugs not given in time, not only many joints can get destroyed in the body but also this disease can affect many other organs.

Like any other disease which it is obviously preferable to prevent or delay the onset of degeneration of joints and ensuing osteoarthritis as much as possible.

Keeping weight in check, strengthening muscles around the joints, doing stretching and flexibility exercises go a long way in keeping the joints healthy and pain-free. In early part of the disease, pain can be managed by above measures and simple pain killers and sometimes drugs which are likely to enhance the

cartilage health for Inflammatory type of arthritis specific disease modifying drugs under medical supervision are extremely important.

However, in spite of all the measures arthritis can progress with time and lead to severe changes and end-stage arthritis, both by age related osteoarthritis and inflammatory type of arthritis. For end-stage arthritis, now it is possible to replace the joint for most of the major joints and also small joints of fingers.

With advances in metallurgy and understanding in the biomechanics of joints modern joint replacements are very sophisticated and almost mimic natural joints.

Computer assistance has added another great dimension to joint replacement and helps in precise placement of the artificial joint, thereby increasing its efficiency and expected longevity.

In the case of Knee Joint, many a time, only part of the joint is affected by arthritis and it is now possible to change only the affected part by doing partial knee arthroplasty rather than changing the whole joint. This obviously has less chances of complications, causes less stress of surgery on the patient and gives much better function.

Joint replacement has come as a boon for patients who were crippled with pain and could not mobilize without significant pain. After Joint replacement, such patients are able to walk pain-free for long distances. This not only increases their mobility but also helps in preventing other diseases which require walking exercises such as diabetes, blood pressure etc. Also pain free and limp free mobility brings self-esteem back in hitherto crippled patients.

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Early Diagnosis can help in MANAGING CANCER



Dr. Narasimhan Subramanian
Urologist & Robotic Surgeon
Inderprastha Apollo Hospital, Delhi

One of the most mysterious and merciless ailment plaguing mankind is cancer and research is on since decades to fix it. However, with advanced technology and experts with vast experience, a ray of hope is being seen," says Dr Narasimhan Subramanian, urologist. MBBS. MS, FRCS (G), FRCS(Ed), FLAMS DURO. Apollo Hospitals Indraprastha. South Delhi. He answers a few questions :

What are the types of cancer in urology? Which type is on the rise?

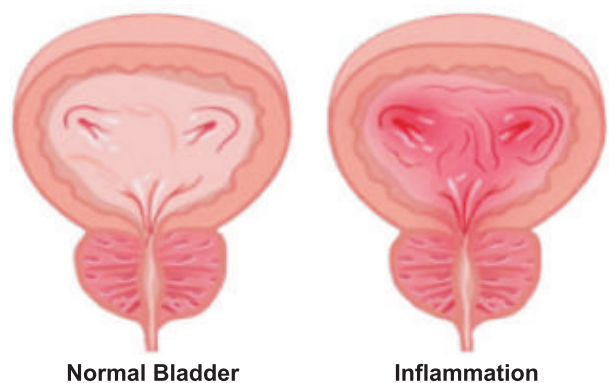
Cancers in urology include those of kidneys, ureters, urinary bladder in both men and in women. and cancer of prostate, testis and penis in men. As people are living longer today, cancers of the prostate and bladder cancers are diagnosed more frequently.

Why are cancer cases on the rise? Now can one detect them early?

Cancers are on the rise with longevity of populations and are diagnosed earlier and better due to increasing medical and public awareness and better diagnostic tools. Simple blood tests for biochemical markers. accurate and minimally invasive imaging techniques and scientifically formulated algorithms ensure early and correct diagnosis. Application of artificial intelligence is further refining these. Prevention, screening, early diagnosis and accurate staging will all ensure good treatment outcomes. Minimally invasive and validated multi-modality treatments reduce recurrence of disease and its impact on quality of life.

What are the surgical advances and benefits of robotic surgery?

Good magnification and access and 3D perception ensure accuracy in laparoscopic and robotic surgery. Surgery for prostate cancer exemplifies all the technical benefits of robotic surgery, apart from lesser post operative pain, quicker recovery and early return to work.



What are the advantages of getting treatment done at Apollo?

In addition to the robust infrastructure, advanced equipment like PET MRI and all facets of nuclear medicine, digital pathology with access to multiple experts, robotic and other minimally invasive surgeries and experienced reconstructive surgeons, highly trained medical and radiation oncologists work as a team and deliver the best outcomes. The multidisciplinary tumour board offers the best treatment options for every patient. The expertise in critical care and every sub-specialty under one roof enables a seamless care.

What is the key takeaway?

Regular check-ups and prompt attention to any unexplained symptoms will help diagnose many conditions at a curable stage. Healthy lifestyle with focus on preventive factors can reduce risks. Cancers are conquerable if diagnosed early and staged accurately.

CARDIOVASCULAR Health For Every One

Dr. Ganesh K Mani

M.S. M.Ch., M.N.A.M.S., F.A.C.S., F.I.A.C.S.

(Padmashri Recipient)

Chairman, Cardiac Sciences, Cardio Thoracic Vascular Surgery

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To believe that Heart disease occurs only after the fourth or fifth decade would be erroneous. I do concede that it gets the maximum prominence at that time largely because it affects the most productive set of our population and that too at their career peaks. But the truth is that Heart Disease really affects the entire spectrum of the population from the unborn to the Super Seniors!

HEART DISEASE IN CHILDREN

In infancy and childhood, we come across Congenital Heart Defects in about 8 out of every thousand live births. Some babies that are born blue because of Birth defects of the heart have to be operated in infancy itself and this highly specialised branch of medicine is not given adequate importance the world over and humanity carries the guilt of letting some of these children grow to adolescence when secondary changes in the lung make them inoperable. As Pediatric Cardiac surgery is expensive due to requirement of sophisticated infra structure and specially trained professionals it is not universally developed in the private Healthcare sector.

The young parents at the first rungs of their Careers do not have the necessary resource to afford the hospital bills. To assist in this area, Rotary International (a world wide NGO) has come forward to fund / defray the cost of the hospitalisations by their "GIFT OF LIFE" mission.

ROTARY G.O.L. OUTREACH Mission is to screen school children and pick up kids who may be having a heart defect! Unknowingly. since many children with Heart Defects, or their parents do not notice any symptoms during the time that they can be operated, they end up in an inoperable situation because of irreversible change in their lungs. Also many other philanthropic organizations also pitch in to offer succour to these unlucky kids born to poor parents. The Government does give importance to this speciality in their premier tertiary care centres but only to a few. The vast majority in non urban areas may remain unattended because of ignorance or lack of resources.



"Gift of Life" program for free Cardiac Surgery at Saket City Hospital

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HEART DISEASE IN ADOLESCENTS

Heart disease affects school children as well as many neglect repeated sore Throats and joint pains and end up with heart valve narrowed or leaking. Government run schemes like AYUSHMAN BHARAT and Arogyashree do fund these children for ballooning and artificial heart valves. India probably does the



CHITRA VALVE

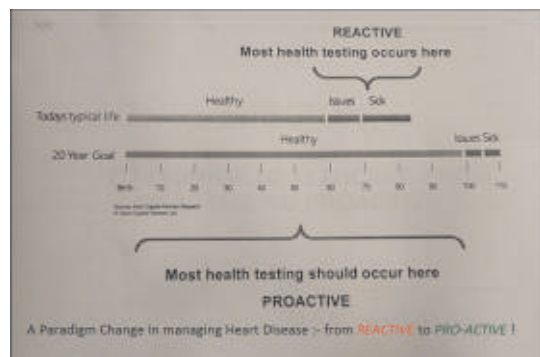


MERIL VALVE



maximum number of valve related procedures in the World. So far only one Artificial Valve was manufactured in India called "Chitra Valve", but recently some other Indian Organisations also have been encouraged to make valves by PM Modi's "Make in India" Mission.

HEART DISEASE AT PEAK OF LIFE !



walls of our coronary or cerebral arteries which may progress to various degrees of narrowing. Going to the Doctor only after symptoms are noticed is the present practice.

Today the approach towards the Predator Heart disease is to be PROACTIVE rather than the REACTIVE approach of the past ! Regular monitoring of Blood sugar and cholesterol are a must for all persons beyond 45 years. HbA1c and Lipid profiles are mandatory even for asymptomatic successful people.



hitherto inevitable cause of ageing.

Persons suspected of having Heart disease need to be subjected to Angiography and Revascularization if needed. Deciding on the modality of Revascularization should be the exclusive decision of the Doctor and not dictated by patient preference. Though stents are getting better and better, Bypass Surgery with arterial grafts are more durable and saves more lives in the long run.

In the super seniors, we encounter problems of degeneration and rhythm disturbances. For fit patients surgical replacement of calcified valves is the treatment offered but for the unfit seniors, a less invasive but more expensive transcatheter valve or TAVI is getting popular.

Advancement in Pacemakers and Defibrillators have also contributed in a big way to increase Longevity.

"Living beyond one hundred years will soon be more A REALITY THAN A DREAM !"



Gratified to be in presence of
Dr. S Padmavati 102,
Pioneer Cardiologist

Article about Anaesthesia.

"Hoshwalon Ko Khabar Kya... Behoshi Kya Cheez Hai???"

Dr. Lalitha
Anaesthetist



Really !!! the human brain is so complex that despite research for so many years the mechanism that actually allows the brain to switch off completely for a few hrs or even days and then come back to full consciousness, is not easily explained. But , we the anaesthetists or anesthesiologists, as we are addressed in the USA, do this, day in and day out, a number of times.

Why and how do we do this?

Why is easy to explain...For any successful procedure to be performed in the body, by any doctor, the body needs to be immobile, steady and relaxed, so that the intricate procedures can happen. Also, as human beings are sensitive to pain and react by verbal (shouting), physical (hit back) and in a controlled manner by tightening up..all three are injurious to the patient or the doctor. So putting them to sleep, make them unconscious, so they don't feel anything and paralyze them, so they don't move, is important. for the sake of the patient, his treatment and for the doctor.

How do we do that?

Scientists, experimenting with many a substances, found out that some gases, when inhaled, makes one feel happy (like the laughing gas, N₂O), or ether which made one sleepy and insensitive to pain, the juices from the poppy seeds, made one intoxicated with happy feelings and pain-free, alcohol consumption made one forget physical misery. In 1846, 16th October, the first public demonstration happened when a man inhaled a vapor and was subjected to an operation, without pain and he woke up, as if from sleep and felt nothing...

Thus happened the birth of a new branch in medical science, called anaesthesia. Though it is considered the youngest branch, today it is the most sought out branch. Present day anaesthetic drugs are made in labs which have ability to sedate patients, keep them pain-free and immobile. They are relatively safe and easy to use and anaesthetists are well trained to use them and in the process of learning to become one, they also become good intensivists and pain therapists.



Anaesthesia could be

A. General : when the whole body is insensitive to surgery and mind sleeping or switched off.,

B. Regional : when a part of the body having the surgery is blocked from being sensitive. Here, the subject is often awake and can be listening to music or watching his own surgery on the monitor or snoozing.

C. Local : where a small area is blocked with an injection (often given by the surgeon himself) and procedures performed.

An anaesthetist is fully qualified medical doctor, who is a physician, as he/ she has to understand the patient along with his/ her medical problems, know the medications taken by the patient and their side effects, their reactions to anaesthetic drugs, know a bit of all branches of surgery to provide the best condition

for surgeon to work, know a lot of physics, to understand the various machines used to deliver the anaesthesia gases and drugs, electrical and electronic knowledge to understand the equipment used to monitor the patients,

equipments used by surgical team for cutting, burning the tissues and how to handle their effects on the human body. A thorough knowledge of all the drugs anyone uses, knowledge about blood and blood products, when to give, what to give to the anaesthetised patient undergoing operation.

A good knowledge of the body physiology and maintenance of pulse, blood pressure, urine output and other parameters of the patient.

As they make the patient insensitive to pain, and temperature, hunger and thirst, and other body functions, it becomes their responsibility to maintain the fluid balance, the sugar levels, the body temperature, physical comforts of the anaesthetised patients, making sure the body is well protected, too during the course of the operation.

Apart from these, reassuring patients and relatives before the surgery, making them comfortable, when they would be anxious and upset for the necessity of a procedure. Looking after people, who undergo procedures under regional and local blocks, while being awake, is itself an art.

Anaesthetists, by virtue of their profession are the most forgotten doctors, who don't even often get thanked by the patients, (as the latter due to the effects of drugs, have some memory loss) whereas the surgeon gets to be treated as a 'hero' who saved their life.

Still, Why do we love our profession...then?? being woken up at odd hours for caesarians, running to emergencies, to resuscitate patients sustaining major traumas.

Is it the power to wave the "magic wand" and put someone to sleep and wake up..??

Is it to hear the person wake up

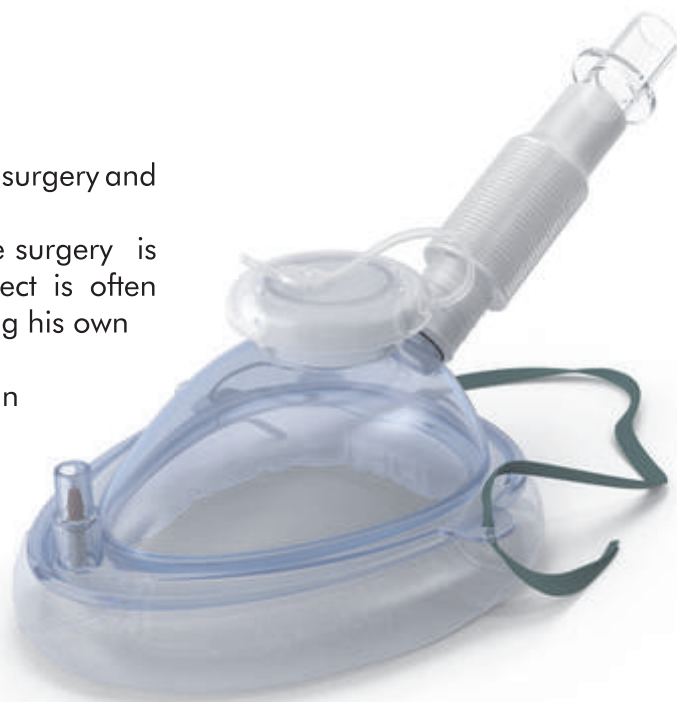
and says "is it over, I didn't feel a thing"??

Is it because, even the senior most doctors give way to the anaesthetist to do the needful in an emergency situation??

yes it is all that...and many more satisfying moments.

Honestly, it gives me a reason to thank God, everytime I wake up a patient, unharmed by my anaesthesia or the surgeon's knife.the feeling of gratitude, an exhilaration, when a very sick one gets out safely, makes my day.

On the happy note, I always say, we all put people to sleep, for free (anyone can do that with a hammer) but charge only for waking one up.



Social Media Do's and Don'ts

Shared by :
Dr. Harjeet kaur
Pediatrician



Importance

Today, use of digital media has become ubiquitous for education, social contacts, and entertainment. Adolescents are the prime users of digital media including social media. Children and adolescents who use social media may experience both positive and negative psychological outcomes.

- ☑ Social connectedness is important for psychosocial development in terms of sense of belonging, psychosocial well being, and identity development and processes. Social media plays an important role in social connectedness. Social media also helps in enhancing knowledge and expression, exchange of resources, and information.
- ☑ Social media may also be harmful as it leads to problematic media/Internet use, reduced time for other activities, and potential for cyberbullying and other harms. Studies have demonstrated that low use (< 1 hour per day) of social media is more beneficial than no use. However, moderate-to-heavy use (> 2 hours per day) is harmful in various ways including for suicidal thoughts and plans.

Social media sites are extremely popular. While most adolescents use WhatsApp and Facebook, many are also on Twitter, Instagram, Snapchat, TikTok, and others. We, the pediatricians, should be able to help and guide the adolescents and their parents in safe use of social media and other digital media to aid adolescent health and development.

Benefits of Social Media

- ☑ It helps children to keep in touch with distant family members and friends.
- ☑ Students can work together on projects.
- ☑ It helps adolescents with conditions such as obesity, chronic illnesses such as diabetes mellitus or depression, chronic disabilities, or rare diseases, to network with each other.
- ☑ It fosters social inclusion among adolescents who feel excluded, such as those identifying as lesbian, gay, bisexual, transgender, queer, and intersex (LGBTQI).
- ☑ It aids in the spread of information, innovations, and ideas.
- ☑ It creates opportunities for community activism.

Risks Associated with Social Media

Standard Treatment Guidelines

- ☑ It decreases physical activity and contributes to the development of overweight and obesity.
- ☑ Sleep problems, including disturbed sleep and sleep deficit due to delay in going to bed or difficulty in falling sleep.
- ☑ Social media addiction, resulting in inadequate time for sleep, study, physical activity, and real-time socialization.
- ☑ Exposure to ads promoting the use of alcohol, tobacco, and drugs.
- ☑ Exposure to sites promoting sexual license and disordered eating habits.



- ✓ Low feeling brought on by persistent viewing of online posts, which give the impression that everyone else than you are always successful and enjoying pleasurable experiences.
- ✓ Risk of cybercrime, including cyberbullying, sexting, and online grooming for child abuse.
- ✓ **Loss of privacy :** Information once shared on a post may spread easily to unintended recipients and may be impossible to remove.
- ✓ The Pediatrician's role is primarily that of a guide to parents and a counsellor to children. He should be aware of the tools used to screen for sexting, cyberbullying, and problematic Internet use. His advice to parents are as follows:

The Pediatrician's role is primarily that of a guide to parents and a counsellor to children. He should be aware of the tools used to screen for sexting, cyberbullying, and problematic Internet use. His advice to parents are as follows:

- ✓ **Limit screen use :**
 - Screen time for entertainment should be restricted. Parents should negotiate with adolescents to keep it minimum. Help the parents construct a Family Media Use Plan, making a daily 24-hour timetable for each adolescent that includes school time and homework, 8–12 hours for sleep, 1 hour for physical activity, and time for family, friends, and relaxation.
 - No use of media while studying or at meals.
- ✓ **No secretive online activity:**
 - The computer should be used in a public area; no devices in the bedroom.
 - No device use from an hour before bedtime.
 - Discuss and decide the utility and restricted use of smartphones for school-going children with monitoring the use of it.
- ✓ **Monitor their online activity:**
 - *Before 10 years:*
 - Do not permit the use of social media at all before 10 years, except for video chatting with relatives.
- ✓ **Early-to-middle adolescence:**
 - Discourage the use of social media except for educational, sports, and extracurricular assignments. Check their online history regularly.
 - Talk to them daily about the sites they visited, whether they chatted with anyone, whether they made any post on social media.
 - Monitor their email for offensive content.
 - Discuss your own online practices with them.
- ✓ **Late adolescence:**
 - They demand, and need, more privacy.
 - Try to ask them daily about their social media use, but do not expect the whole truth.
 - Do ask if he/she felt uncomfortable with a message or post by any known or unknown person.
- ✓ **Visit them online on social media sites:**
 - Familiarize yourself with the social media site and confirm that it is appropriate for them. Discuss these with them and warn them of potential harms.
 - Join them on the site and compulsorily "friend" them.
 - Teach them how to use the privacy features of the site.
- ✓ **Teach them the safety rules :**
 - *Beware of strangers:*
 - Use social media sites only for strengthening friendships, not for making new virtual friends.
 - Chat online only with those you know personally.
 - Never exchange photos with strangers.
 - Never give out personal information to a stranger, not even name, age, address, phone number, date of birth, personal interests, name of the school, or friends' names.
 - Do not meet in person someone whom you only know online. If you wish to meet an online friend, meet the person along with a parent (or at least a friend, in a public place).

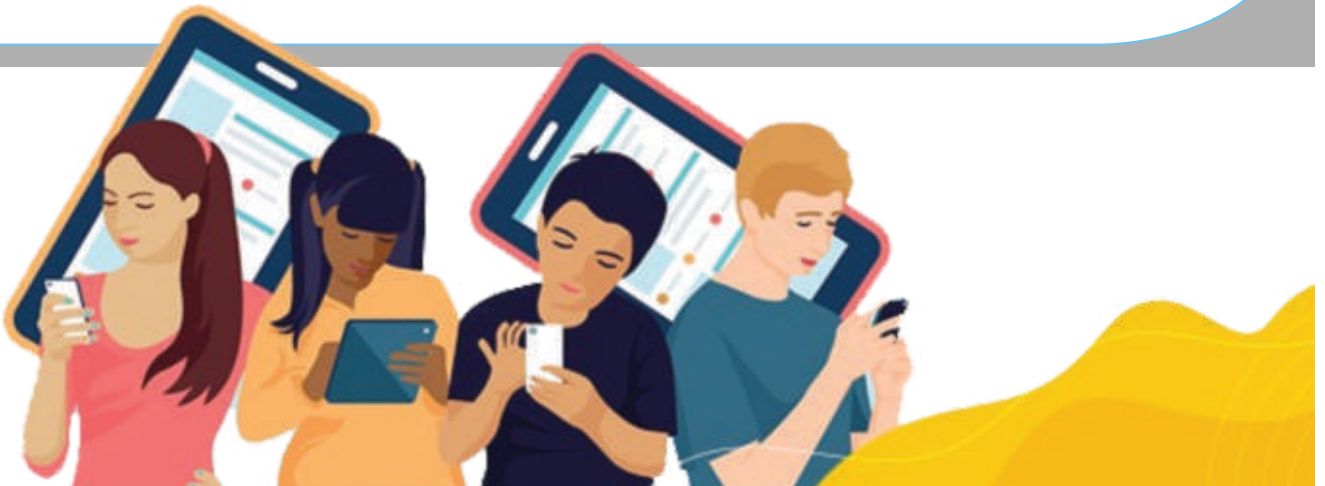
- Never respond to uncomfortable or hurtful messages. Immediately stop the communication, shut down the computer, and inform your parents.
 - Never reveal passwords, not even to a boyfriend, girlfriend, or best friend. This is important to prevent theft of money and identity theft. Contact 1930 for Emergency Financial Cyber Crime or 112 for all other cybercrime emergencies.
- ☑ **Discuss cyberbullying:** Never share something online that can hurt someone, not even as a joke, because lots of people will read it, and they may pass it on to more people. Do not gossip, spread rumors, or damage someone's reputation online.
- ☑ **Discuss sexting:**
- A girl may sext as a way of flirting, a joke, to become popular, or to be seen as cool. The delighted and excited boy may share his girlfriend's photo with his two best male friends—and one of them may post it online.
 - A boy may take revenge on his ex-girlfriend by posting an intimate image, video, or text. Remember that 99% of adolescent love affairs do not last.
 - Virtual identities may be fake. Even the pictures may be of someone else.

Risks Associated with Social Media

- ☑ **Use parental controls and filtering software:**
- Basic digital controls on all smartphones tell you how much time was spent every day on each App site.
 - Google Family App is free, and informs the parent of what Apps are loaded on his child's phone, and every new App he uploads, and can block any App, or restrict the use of an App to a given time.
 - Paid Apps such as Net Nanny automatically block all pornographic, violent, dangerous, and filthy sites, and give the parent dictatorial powers over the child's online usage.

Further Reading

- ☑ Council on Communications and Media. Media Use in School-aged Children and Adolescents. Pediatrics. 2016;138(5):e20162592.
- ☑ Gupta P, Shah D, Bedi N, Galagali P, Dalwai S, Agrawal S, et al. Indian Academy of Pediatrics Guidelines on Screen Time and Digital Wellness in Infants, Children and Adolescents. Indian Pediatr. 2022; 59:235-44.





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Eye Problems in Children Post COVID-19 Pandemic

Essential **EYE CARE TIPS** For Parents

Amidst a mixture of excitement and nervousness, millions of children in India returned to their schools after 2 years post the COVID-19 pandemic. Even though we have resumed our regular lifestyle and duties under utmost care and restrictions, an important factor that has been grossly overlooked by the parents is their children's eye health and examination.

The last couple of years have been really difficult and challenging for parents and children alike with the restrictions in place due to the pandemic and visits to the doctors seemingly appearing difficult and unsafe. But as we still recover from the pandemic, an important part of this normality should also include normalising children's eye examination. The most encountered eye problems in children are refractive errors (like Myopia, Hypermetropia and Astigmatism), Amblyopia (lazy eye) and Strabismus (deviation of eye). While in Infants, redness and crusting of eyes, excessive tearing, extreme light sensitivity, eyes turning to one side, white spot or white pupil are alarming signs and require urgent visit to ophthalmologist.

With worsening of eye sight, myopia (ability to see only nearby objects and difficulty in seeing distant objects) and eye allergies on the rise and most reported eye problems in children under the age of 12 years, it is found that not many parents are keen to take their children for routine eye check-up. The negligence in taking the children for examination may lie in the hesitancy to let the child use spectacles or due to fear of visiting a doctor due to crowd and rush in hospitals and fear of infections.

Even though a large number of Indian population believe that their child's health is important to them, very few comply with taking their children for an eye check-up. As a result the number of children with myopia in India is on a sharp rise, particularly in cities amongst children who spend less time outside in sun and due to increased screen usage time to attend online classes. The reduced field activities and increased screen time, laptop, mobile and television



use just adds to the harmful effects on the eyes. Furthermore, excessive eye rubbing due to air pollution and poor lighting at home also adds to blurred vision. Children with poor vision have found to have poor academic performances due to inability to see the board in class.

When certain visual skills have not developed, or are underdeveloped, learning is difficult and stressful. A child may not tell you that he or she has vision problem because they may believe that this is the way



everyone sees. Children will typically attempt to do the work, but with a lowered level of comprehension or efficiency.

Signs that indicate a child has a vision problem include:

- Frequent eye rubbing or blinking
- Avoiding reading and other close activities
- Complaints of discomfort and fatigue
- Frequent headaches
- Holding reading material close to face
- Seeing double
- Short attention span
- Covering one eye
- Tilting the head to one side
- An eye turning in or out
- Difficulty remembering what he or she read
- Losing place when reading

Undetected and untreated, vision problems can elicit similar signs and symptoms usually attributed to attention deficit hyperactivity disorder (ADHD). Due to these similarities, children eliciting these symptoms should have a comprehensive vision exam with their ophthalmologist to avoid misdiagnosis.

So why does the examination of eyes in school going children become so important? It is to ensure that their eyes are healthy and do not have any significant problem to interfere with their academics and performances. Early diagnosis of myopia may help in preventing the progression rapidly during the school years.

When and who should have their eyes examined? Earliest mandatory eye examination is recommended

when the child is six months old followed by another examination by 3 years of age. The next examination should be done before the kid enters the first grade and once more between the age of five to six years. If the child is found to have vision problems, glasses should be given with a check up annually. In otherwise healthy individuals, examination every other year is recommended.

Our suggestions and recommendations for parents would be-

- **Catch the warning signs:** Reading with one eye covered, reading with materials close to face, short attention spans, complaints of headache and eyeache, repeated and frequent mistakes in school notebooks, inability to read from last benches all may suggest that your child has vision problem and needs attention to it.
- **Limit the use of digital devices:** Long hours of using laptops, tablets, mobile phones and using them while lying down on bed may cause headache, burning sensation in eyes, watering. It is advisable that the use of such devices is limited to needful and study purposes under adequate lighting and device brightness adjustments. A useful home remedy of 20-20-20, focusing on a point 20 feet apart after 20 minutes of screen use for 20 seconds may help relieve eye discomfort.
- **Improve the diet:** Giving your child green leafy vegetables, carrots and diet rich in proteins in a form of salad or juice or any form they like, provides beneficial effects to the child's eye overall. ●

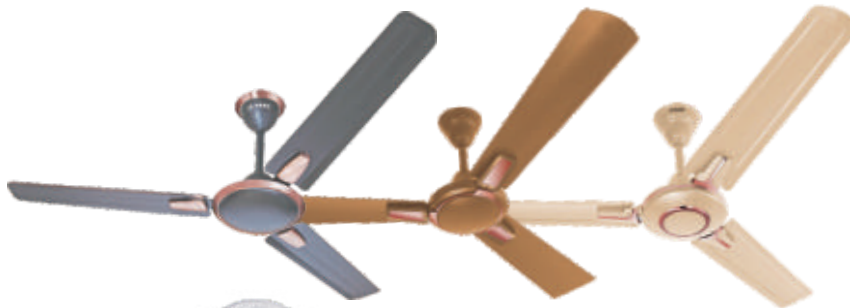


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HOW TO LIVE TO A RIPE OLD AGE

1. A number of factors count towards the length of a person's life, genetics being the most important. However certain other factors may offset the disadvantages one may have inherited from ones ancestors. The current life expectancy at birth in our country is just under 70 years. For those who are senior citizens and wish to live longer the following might be useful.

2. Food :

- Do not consume sugar.
- Eat whole grains, including bran.
- Consume leafy vegetables, some root vegetables, tree nuts, peanuts and berries.
- Take supplementary fiber such as Isapgghol.
- Enjoy milk, cheese, Meat, Poultry, Eggs and Sea Food in moderation.
- Enjoy two full meals a day and no snacking in between meals.

3. Life style and activity :

- Sleep 6-8 hours at night.
- Do not smoke.
- If you don't drink do not start. If you do, take alcohol in moderation.
- Walk up and down the stairs.
- Don't drink and drive.
- Continue to be active physically, mentally, sexually and socially.

4. Social & Economic activity :

- Value family life and participate actively.
- Read books.
- Actively engage with younger people.
- Stay informed about current events.
- Be passionate about culture and sports.
- Value spirituality.
- Earn as much as you can to control your healthy environment.

5. Exercise :

- Walk at least 3 km every day.
- Swim if opportunity is available.
- Learn and practice yoga.
- Mitigate the loss of muscle due to ageing with protein rich diet and lifting heavy objects deliberately.
- Work on balance, especially standing on one foot.
- Work :

- Do not retire.
- Work part-time or at volunteer jobs.
- Have productive and fulfilling reasons to get out of bed each morning.

7. Medical action :

- Take charge of your own health.
- Listen to your body.
- Maintain long term relationship with your primary care physician and certain specialists that fit your need.
- Promote good vision.
- Use hearing aids as needed to retain brain function.
- See a dentist every 6-12 months and practice good oral hygiene.
- Maintain up to date vaccination schedule.
- Sensibly maintain distance from people likely to be infectious and don't be shy of masking.
- Take as few medicines as possible and few diagnostic tests and surgical procedures as possible (especially back and knees).
- Utilize acupuncture and massage.
- Moisturize abundantly especially in winter.
- Use saline nasal spray often to prevent nose bleeds

8. Pain : If you are older and don't hurt somewhere when you get up in the morning, you may already be dead.



Dr. (Brig.) R.S. Bhatia
DIRECTOR MEDICAL
Mahavir International, Delhi



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PERFORMANCE REPORT

(as on 31 October 2022)

DISCIPLINES	CUMULATIVE AS ON 31.10.2022	DISCIPLINES	CUMULATIVE AS ON 31.10.2022	DISCIPLINES	CUMULATIVE AS ON 31.10.2022
EYE	12,96,185	VACCINATION	17,010	CT SCAN	11,110
GYNAE/MEDICINE	12,13,673	OPERATIONS PERFORMED	29,868	CORNEA TRANSPLANT	5
HOMEOPATHY	1,60,530	PATIENT EXAMINED AT CAMPS	13,84,717	O.C.T./RETINA	412
AYURVEDIC	1,65,951	PATH LAB	71,206	FUNDUS PHOTOS/RETINA	1,349
ENT	1,43,316	X-RAY	3,873	सबको भोजन	47,404
PHYSIOTHERAPY	2,21,242	MRI	26,783	OTHERS	41,860
PMT	4,08,422	EYES PLEDGE	34,138	TOTAL PATIENTS	52,44,916
CAMPS ORGANISED	3,289			EYE DONATIONS	283



Your SUPPORT Can HELP US For :

- ☐ **Mega Health Check-up Camp** Pan India ₹ 70,000/= per camp
- ☐ **General Check-up Camp** in Delhi/NCR ₹ 55,000/= per camp
- ☐ **Eye Check-up Camp** in Delhi/NCR ₹ 45,000/= per camp
- ☐ **Free OPD in our Centres/School Camps** ₹ 20,000/=
- ‘झांके नहीं आंखों में’**
- ☐ **Cataract Surgery** ₹ 5,500/=
- ☐ **Other project based support.** As per need.

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**MAHAVIR INTERNATIONAL, DELHI****LIST OF LIFE MEMBERS- EYE CARE DAY 2022***We Are Grateful to Following Members Who Have Contributed Towards The Noble Cause*

S. No.	Name of Members	LM No.
A. Platinum Sponsor		
1.	Sh. Satender Kr Jain	031
2.	Sh. C.M.Garg	037
3.	Sh. Pawan Jain	053
4.	Sh. Anil Garg	055
5.	Sh. Ashhok Kumar Jain	066
6.	Sh. Vijay Kr Jain	071
7.	Sh. D K Kapila	075
8.	Sh. Raj Sharma	094
9.	Sh. Mulkh Raj Jain	101
10.	Sh. Deepak Jain	102
11.	Sh. Shekhar Bhandari	124
12.	Sh. C. P. Jain	144
13.	Sh. S. K. Jain	147
14.	Sh. D C Jain	170
15.	Sh. Parmod Jain	181
16.	Sh. Vishnu Suleka	185
17.	Sh. Arun Jain	212
18.	Sh. Tarun Jain	225
19.	Sh. Dinesh Kumar Jain	240
20.	Sh. Prem Arora	254
21.	Sh. Vipin Anand Prakash Jain	258
22.	Sh. Ranjan Jain	275
23.	Sh. V K Nagpal	277
24.	Sh. Puneet Jain	285
25.	Sh. Pradeep Jain	290
26.	Sh. Raj Jain	292
27.	Sh. Dinesh Jain	298
28.	Smt Uravshi Jain	302
29.	Sh. Raj Gandhi	319
30.	Smt. Sangita Jain	325
31.	Sh. Pankaj Jain	343
32.	Sh. Subhash Barjatya	349
33.	Sh. Amresh Jain	356
34.	Sh. Amit Sankhwal	357
35.	Sh. Chetan Jain	365
36.	Sh. K. Narayan	369
37.	Sh. Rubal Jain	372
38.	Smt. Divya Jain	373

B. Diamond Sponsor

1	Sh. Anil Jain	033
2	Sh. L. N. Rao	048
3	Smt. Abha Jain	108
4	Sh. Prashant Jain	115

S. No.	Name of Members	LM No.
5.	Sh. Roshan Lal Arora	130
6.	Sh. V.S. Jain	143
7.	Sh. N.C. Jain	156
8.	Sh. Sudhir Jain	158
8	Sh. G S Singhvi	163
9.	Sh. Neelam Jain	164
10.	Sh. Nitin Bilala	202
11.	Sh. Narender Kumar Jain	204
12.	Sh. Suresh Jain	250
13.	Sh. Basant Kumar Gupta	266
14.	Sh. Vishnu Gautam	270
15.	Sh. Ajay Jain	313
16.	Sh. Ajay Jain	316
17.	Sh. Rajat Jain	320
18.	Sh. Arihant Sagar Jain	322
19.	Sh. Ramesh Chand Surana	332
20.	Sh. K.C. Jain	342
21.	Sh. Sunil Kala	353
22.	Sh. Atul Arora	364
23.	Sh. Ashwani K. Jain	385

C. Gold Sponsor

1.	Sh. Deepak Aggarwal	027
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3.	Sh. Sanjeev Garg	050
4.	Sh. J.M. Godika	093
5.	Sh. Jitender Kumar Jain	198
6.	Sh. Abhay Jain	229
7.	Sh. V N Sharma	238
8.	Sh. Ranjan Chatterjee	296
9.	Sh. Arihant Jain	329
10.	Sh. Manish Jain	335
11.	Sh. Gaurav Jain	338
12.	Smt. Anu Jain	352
13.	Ms. Shreya Jain	376
14.	Sh. Vipul Mittal	380
15.	Sh. Anupam Sharma	386
16.	Sh. Tejasvi Goel	394

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3.	Sh. Ajit Samal
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7.	Aarkay Experts LLL



OUR CENTRES



**Rajdhani Charitable Eye & Medical Centre
NABI KARIM**



**Lala Aman Singh Jain Charitable Eye Research
& Medical Centre HAUZ RANI, SAKET**



**Kishwana Charitable Eye & Medical Centre
BADARPUR**

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सबको प्यार - सबकी सेवा

MAHAVIR VISION

SEPTEMBER & OCTOBER 2022
ACTIVITIES



BOARD MEETING

A meeting of the Board of Directors of Mahavir International Delhi was convened on **14th October, 2022** at **6.00 pm** at Conference Room, Civil Services Officers Institute (CSOI), Vinay Marg, Chanakyapuri, New Delhi-110021

The meeting was attended by Directors.

As per the tradition, the meeting started with the recital of Prayer "Meri Bhawana".

Agenda items were discussed seriatim:

1. Confirmation of the Minutes of last Board Meeting held on 25th June 2022 were read and after discussion by the members, were taken as confirmed.
2. Preparation for Eye Care Day to be celebrated on 19th November 2022 were discussed in details.
3. To apprise the Board, launch of new Project "झांके नहीं आंखों में", camps for school Children
4. To apprise the Board regarding steps being taken for outsourcing Lab services.
5. To apprise the Board regarding policy to be adopted for opening of New Centres.
6. Approval / acceptance of new Members as Life Members.

Meeting concluded with vote of thanks to the Chair.



CSR INITIATIVES

Mahavir International Delhi made challenging & humanitarian strides in its efforts to provide quality Health care to the under privileged by inking an MoU between EIL & MAHAVIR INTERNATIONAL DELHI on 6th September'22 at EIL Bhawan for 20 Eye and Health Check up camps in 4 aspirational districts of Assam under CSR initiative of EIL.

MoU was signed by Sh. Arun Kumar Jain Vice-Chairman & Chairman IT & CSR Resource Mobilization, MID & Sh. Abhijit Roy GM (CC & CSR) EIL in the presence of Chairman Finance Sh. Ashhok Kumar Jain & CEO Ms. Usha Kapoor MID & Smt. Malvika Bhatnagar Sr. Manager CSR & Sh. Sahil Kapoor Manager CSR EIL.



Signed by Sh. Arun Kumar Jain



Signed by Sh. Abhijit Roy



Exchange of MoU



Honour of Sh. Abhijit Roy by
Sh. Arun Kumar Jain



Honour of Sh. Sahil Kapoor by
Sh. Ashhok Kumar Jain



Honour of Smt. Malvika Bhatnagar by
Ms. Usha Kapoor

Mahavir International Delhi gratefully acknowledges this gesture of EIL for providing Eye Care to the needy and deprived strata of society.

COHESIVE INTERFACE

2nd September 2022



Brig. (Dr.) R.S. Bhatia, Director Medical along with Smt. Dharti Varshney, Sr. Manager Projects felicitating Sh. Sanjay Mehta, Dy. General Manager (CSR),- RITES Ltd.



Felicitating of Sh. Mahesh Sreenivasan General Manager/Legal, CSR, RITES LTD. by Brig. (Dr.) R.S. Bhatia, Director Medical along with Smt. Dharti Varshney, Sr. Manager Project.

6th September 2022



Felicitating of Sh. Ashok Kalra Director (HR) EIL by Sh. Arun Kumar Jain Vice-Chairman along with Chairman Finance Sh. Ashhok Kumar Jain.

4th November 2022



Felicitation of Sh. Subhash Chandra Agarwal, Chairman & Managing Director SMC GROUP and Sh. Mahesh Chand Gupta, Vice Chairman & Managing Director, SMC Group by Ashhok Kumar Jain, Chairman Finance along with Dr. A.K. Jain, Country Head, SMC Group.

5th November 2022



Felicitation of Sh. J.K. Jain, Chairman & Managing Director FIEM Group of Industries by Sh. Arun K. Jain, Vice Chairman along with Sh. Ashhok Kumar Jain, Chairman Finance and Sh. G. S. Singhvi, Director.

6th November 2022



Sh. Chetan Jain, Managing Director, Rajdhani Besan Group exchanging MoU with Sh. Arun Jain, Secretary.

10th November 2022



Felicitation of Justice (Dr.) Sh. Sudhir Jain on his birthday by Chairman Finance Sh. Ashhok Kumar Jain.

14th November 2022



Felicitating Sh. Lalit Jain, CMD of Conscient Infra Structure Pvt. Ltd. by Chairman Finance Sh. Ashhok Kumar Jain.

Participation in GCM Meet

A meeting of GCM of MI APEX was convened on 13th November'22 at Jaipur. Chairman Sh.K. Narayan and Chairman Finance Sh. Ashhok Kumar Jain attended. Chairman Finance updated the members of the efforts of MID in garnering CSR funds for projects carried out by other MI Centres, which was roundly applauded by all. Chairman gave valuable insights to the gathering on the essentials for applying for CSR grants. MID has also volunteered to organise a workshop in this regard at Delhi for interested centres



UNSTILLING GESTURE

Another Philanthropic gesture by Rajdhani Flour Mills on the 75th birthday of its Chairman Sh. Satender Kumar Jain.

A phaco-emulsification machine sponsored by Rajdhani Flour Mills under their CSR initiative was unveiled at a Health Camp at Lawrence Road on 01 October 2022, by Sh. Satender Kumar Jain, Chairman Rajdhani Besan Group and Chairman Projects Mahavir International Delhi. The function was attended by Smt. Shobha & Sh. Satender Kumar Jain Chairman, Sh. Chetan Jain MD, Smt. Swati Jain Vice President, Rajdhani Besan Group, Sh. K. Narayan Chairman, Sh. Arun Jain Secretary, MID.



The state-of-the-art machine was dedicated for the surgical treatment of cataract of the underprivileged at Rajdhani Charitable Eye and Medical Center, Nabi Karim on 20th October 2022 by Sh. Satender Kumar Jain, Chairman Rajdhani Besan Group and Chairman Projects in the presence of Sh. Ashhok Kumar Jain Chairman Finance and Brig. R.S. Bhatia Director Medical MID.

Seven patients underwent Cataract Surgery on that day conducted by Dr. Gaurav Gupta.



Mahavir International Delhi is grateful to Rajdhani Flour Mills and thank Sh. Satender Kumar Jain for their unstinting support to MID in its fight to alleviate the sufferings of the poor and look forward for the same in the future also.

VACCINATION DRIVE UNDER 'मिशन संजीवनी'

During the month of September '22, 60 beneficiaries were vaccinated at
Camps sponsored by CONCOR

Locations:

- Kishwana Charitable Eye & Medical Centre, Badarpur, New Delhi



CELEBRATED 'WORLD PHYSICAL THERAPY DAY'

Mahavir International Delhi celebrated 'World Physical Therapy Day' on 8th September'22 by providing Free Physiotherapy at all the Three centres sponsored by Alankar Foundation, Hauz Khas. 33 were benefited.



Hauz Rani Centre




Rajdhani Centre



Kishwana Centre

WELCOME - NEW MEMBER

S.No.	NAME OF MEMBER	LM No.	PROFILE	PHOTOS
1.	Shri Sushil Kumar Luthra	397	Former Chief Administrative Officer, DCW Patiala	

VIRA VISION ACTIVITIES

Vira Vision Group continued to extend its helping hand to needy and distressed persons by serving special meals to 400 Alzheimer patients of Guru Vishram Vridh Ashram, Gautampuri, New Delhi and 50 mentally retarded children of Nirmal Jyoti Foundation, Vasant Kunj, New Delhi during the months of September and October 2022.

1. 1st September 2022 sponsored by Smt. Sandhya Jain & Sh. Pawan Jain Patron MID, (LM-053)



2. 24th September 2022 sponsored by Smt. Meenu Jain [LM-155] in fond memory of her father-in-law Sh. Ram Prakash Jain.

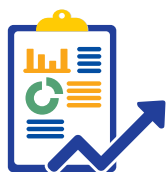


3. 2nd October 2022 sponsored by Smt. Kim Adhlakha on the occasion of Ashtami.



4. 26th October 2022 Sponsored by Smt. Sandhya Jain & Sh. Pawan Jain Patron MID, (LM-053) on Birth Anniversary of Smt. Narayani Devi, mother of Sh. Pawan Jain





PERFORMANCE REPORT

During the period for the month of **September & October 2022** free medical treatment in different disciplines was provided to **47,020 persons** at our three Medical Centres and camps.

(I) Rajdhani Charitable Eye & Medical Centre, Nabi Karim..... (RAJDHANI)

(II) Lala Aman Singh Jain Charitable Eye Research & Medical Centre, Hauz Rani..... (AMAN SINGH)

(III) Kishwana Charitable Eye & Medical Centre, Badarpur..... (KISHWARNA)

The break-up is as under:-

DISCIPLINE	Rajdhani	Aman Singh	Kishwana	Vira Vision	Total October 2022	CUMULATIVE 2022-23	INCEPTION UPTO 31.10.2022
EYE	2,915	2,335	3,606		8856	32,185	12,96,185
GYNAE/MEDICINE	827	938	327		2092	6,875	12,13,673
HOMEOPATHY	-	567	-		567	1,355	1,60,530
AYURVEDA	98	350	541		989	3,559	1,65,951
ENT	-	-	-		0	-	1,43,316
PHYSIOTHERAPY	461	515	694		1,670	5,875	2,21,242
PMT	1,655	1,286	579		3,520	13,902	4,08,422
CATARACT SURGERIES	50	57	57		164	658	29,868
PATIENT EXAMINED AT CAMPS	-	-	-		26,842	63,248	13,84,717
VACCINATION	-	-	60		60	420	17,010
PATH LAB	663	384	277		1,324	4,519	71,206
X-RAY	-	-	-		0	-	3,873
MRI SCAN	-	339	-		339	1,376	26,783
CT SCAN	-	134	-		134	765	11,110
O.C.T/ RETINA	-	13	-		13	105	412
FUNDUS PHOTOS/RETINA	-	-	-		0	-	1,349
CORNEA TRANSPLANT	-	-	-		0	-	5
सबको भोजन	-	-	-		450	1,852	47,404
OTHERS					0	-	41,860
TOTAL	6,669	6,918	6,141	26,705	47,020	1,36,694	52,44,916
CAMPS ORGANIZED	-	-	-	-	65	151	3,289
EYES PLEDGED	-	-	-	-	-	2	34,138
EYE DONATIONS	-	-	-	-	1	7	283



THANKS & GRATITUDE

MID warmly honors the following donors for their precious donation during the months of **September** and **October 2022**. Due to generosity of well wishers, MID has been able to reach out to the most under privileged at their door steps.

FOUNDATION DAY

1.	SH. CHANDRA PRAKASH JAIN	- Patron	LM-144
2.	SH. ARUN JAIN	- Secretary	LM-212

CATARACT SURGERIES

3.	SMT. PRAVINA RAJ MEHTA	- Cousin of Ms. Usha Kapoor, CEO-MID	
4.	SH. SHAILENDRA PALVIA (USA)	- Aquintance of Sh. K. Narayan, Chairman	
5.	ARIHANT BUYING SERVICES INC.	- Sh. Rajender Kumar Jain, President	LM-292

CAPEX

6.	RAJDHANI FLOUR MILLS LTD.	- Sh. Chetan Jain, Managing Director	
----	---------------------------	--------------------------------------	--

FREE OPD

7.	SAFEXPRESS PVT. LTD.	- Sh. Rubal Jain, Managing Director	
8.	SMT. MEENU JAIN	- Member, MID	LM-155

DONATION FOR EYE AND HEALTH CAMPS

9.	SH. NIRAJ JAIN		
10.	SMT. VEENA JAIN		
11.	SAFEXPRESS PVT. LTD.	- Sh. Rubal Jain, Managing Director	
12.	INDIAN OIL CORPORATION LTD.		
13.	ARIHANT BUYING SERVICES INC.	- Sh. Rajender Kumar Jain, President	LM-292

SAB KO BHOJAN

14.	SAFEXPRESS PVT. LTD.	- Sh. Rubal Jain, Managing Director	
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GENERAL DONATION

15.	SMT. NIRMAL RANI		
16.	VIBES HEALTH CARE LTD.	- Sh. Nitin Jain, Jt. Managing Director	
17.	SH. SANJAY KUMAR JAIN		LM-165

MAHAVIR VISION

18.	HINDUSTHAN ALCOX LTD.	- Sh. Anil Garg, Director	
-----	-----------------------	---------------------------	--



THANK YOU SO MUCH EVERYONE

FREE OPD

Mahavir International Delhi observed **8 Free OPDs** during the months of **September & October, 2022**. A total of **659** were benefited with Free Eye Check-up, General Health Check-up, Physiotherapy and Free Medicines.

1. Sponsored By: Alankar Foundation Hauz Khas on "World Therapy Day" on 8th September 2022 in all Three Centres from 9.30 am to 2.30 pm.

- Lala Aman Singh Jain Charitable Eye Research & Medical Centre, Hauz Rani
Beneficiaries : 25



- Lala Aman Singh Jain Charitable Eye Research & Medical Centre, Hauz Rani
Beneficiaries : 25



- Rajdhani Charitable Eye & Medical Centre, Qutab Road, Nabi Karim
Beneficiaries : 22



4. Sponsored By: Smt. Meenu Jain (LM-155) on the Punyatithi (24th September) of Her Father-In-Law Late Sh. Ram Prakash Jain. On Saturday 24th September 2022 From 9.30 am to 2.30 pm

- Rajdhani Charitable Eye & Medical Centre, Qutab Road, Nabi Karim
General Checkup - 22 Eye Checkup - 51

Ayurvedic - 08

Total OPD - 81



5. Sponsored By : Sh. Prem Arora, Director MID on Wednesday 11th October 2022 From: 09:30am to 02:30pm

- Kishwana Charitable Eye & Medical Centre, Badarpur
Physiotherapy - 21 Eye check-up - 81 Ayurvedic - 39 Total OPD - 141



6-8. Sponsored By : Smt. Sandhya Jain & Sh. Pawan Jain, Patron on Wednesday, 26th October 22 from 09:30am to 02:30pm at all Three Centres in Fond Memory of Birth Anniversary of Smt. Narayani Devi Mother of Sh. Pawan Jain

- LalaAman Singh Jain Charitable Eye & Medical Centre, Hauz Rani
General Checkup-49 Eye Check-up - 46 Ayurvedic - 18 Total OPD - 113



- Rajdhani Charitable Eye & Medical Centre, Qutab Road, Nabi Karim
General Checkup - 22 Eye Check-up - 78 Ayurvedic - 15 Total OPD - 115



- Kishwana Charitable Eye & Medical Centre, Badarpur
General Checkup - 24 Eye check-up - 94 Ayurvedic - 10 Total OPD - 128

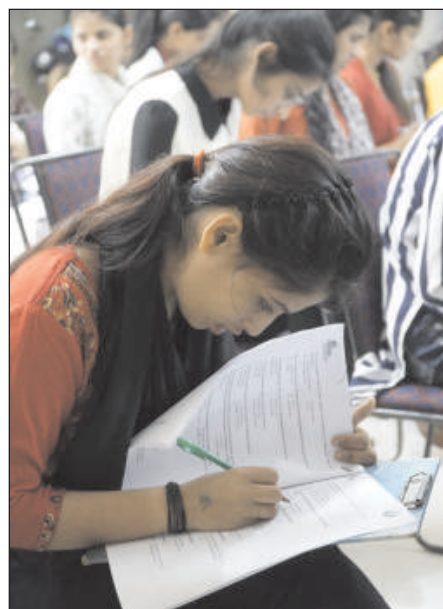


HEALTH-CARE TRAINING New Initiative at MID SKILL ASSESSMENT OF NURSING ASSISTANTS

The Nabi Karim Centre commenced health care training for Nursing Assistants by collaborating with SSS Foundation. More than 25 young women have been enrolled and trained.

Apollo MediSkill conducted assessment of 48 students for award of certificate of General Duty Assistants at Rajdhani Charitable Eye and Medical Center Nabi Karim on 09th November 2022. These include nine students who underwent training at our center at Rajdhani Charitable Eye and Medical Center Nabi Karim under the joint aegis of SSS Foundation and MID.

The course of six months duration trains candidates to work for home nursing care. The course comprises 3-months theoretical training followed by 3-months of internship at selected hospitals.



The first course at Rajdhani Charitable Eye and Medical Center Nabi Karim commenced on 25 April 2022 with 10 students.

The second course commenced on 22 August and has 18 students enrolled.

We are thrilled to inform that all the 9 of our students from the first batch have now been certified by Apollo Mediskills.



EYE DONATION

With the inspiration of the pragmatic and forward looking member as named in the first column supported by the willingness of the family to let their donor (detailed in the second column) deceased parents/spouse live in and continue to see this world, even after their death, through the eyes donated to double number of blinds make them remembered for the years to come.

INSPIRATION	DONOR	ADDRESS	FATHER/ MOTHER OF	DONATED DATE	NAME OF THE HOSPITAL
Sh. Rubal Jain LM-372	Late Smt. Pushpa Devi Jain	C-46,4th Floor, Neeti Bagh, New Delhi-110049	Sh. Arihant Jain 9810969090	30th Sep. 2022	Shroff Eye Bank, Daryaganj

TESTIMONIALS



मैं कमला देवी पहाड़गंज में रहती हूँ। मैं राजधानी अस्पताल में पहले काफी दिनों से आती रहती हूँ। यहां जनरल फिजिशियन विभाग में मैं दिखाई कुल्हों पर बहुत अच्छी तरीके से डॉक्टर ने देखा और बहुत अच्छे तरीके से समझाया गया। नीचे दवाई वालों से भी दवाईयों के बारे में बताया गया। मुझे यहां आकार बहुत अच्छा लग रहा है कि यहां पर अच्छी तरह से मरीजों को देखा जा रहा है। मैंने आंखों को भी दिखाया। यहां आकर मुझे बहुत सुकून मिला। मैं सभी डॉक्टर व यहां स्टाफ का अभिनन्दन करती हूँ कि राजधानी अस्पताल अच्छी भालि-भांति से चले।

कमला

मैं कृष्ण कुमार नांगलोई 4 नं में रहता हूँ। मेरा पेशा लुहारपने का है। मैं आंखों से बहुत दिनों से परेशानी में था। एक जानकारी मेरी दुकान पर आया था। तब मैंने अपनी परेशानी बताई तो उन्होंने बताया कि आप राजधानी अस्पताल नबी करीम में चले जाओ। क्योंकि मैंने भी अपनी आंखों का ऑपरेशन वहीं कराया था। जब यहां आकर मैं सतीश जी से मिला क्योंकि जिन्होंने मुझे भेजा था वो आदमी सतीश जी को जानते हैं। यहां आने पर मेरा ऑपरेशन हुआ। अब मुझे बिल्कुल साफ नजर आ रहा है। मैं राजधानी अस्पताल का बहुत आभारी हूँ।



कृष्ण कुमार



मैं मकबुलन खातून नबी करीम में रहती हूँ। मैंने 4 साल पहले अपनी आंखों का ऑपरेशन करा था और आज भी आंखों की जांच कराने आई हूँ। मेरा ऑपरेशन यहां बहुत बढ़िया हुआ है और मेरी आंखों की रोशनी भी बहुत बढ़िया आई है। अब मुझे चश्मे का नम्बर मिला गया है तो मैंने अपना चश्मा बनवा लिया है। यहां ऑपरेशन करा के मुझे बहुत खुशी मिली क्योंकि मुझे आंखों से अब बहुत अच्छा दिख रहा है। यहां के डॉक्टर और स्टाफ बहुत बढ़िया हैं। सब लोग बड़े प्यार और लगन से काम करते हैं। मैं राजधानी अस्पताल की बहुत आभारी हूँ, जो गरीब लोगों की इतनी सेवा कर रही है।

मकबुलन खातून

मैं पीतम सिंह मैंने पहले अपनी बाई आंख का मोतियाबिंद का ऑपरेशन कराया था, वो बहुत अच्छा हुआ। सीनियर डॉक्टर और जूनियर डॉक्टर जी का व्यवहार बहुत अच्छा है और मैं अपनी दूसरी दाई आंख का ऑपरेशन कराने जा रहा हूँ। आपके हौज रानी केन्द्र में एवं बाकी सब स्टाफ का व्यवहार भी बहुत अच्छा है। पहली आंख का ऑपरेशन बहुत अच्छा हुआ है। रोशनी भी अच्छी आई है। डॉक्टर नेहा शर्मा जी ने मेरा ऑपरेशन बहुत अच्छा किया। इसके लिए मैं उनका हृदय से धन्यवाद करता हूँ। आपका केन्द्र गरीब और जरूरतमंदों की बहुत मदद करती है। मैं और मरीजों और लोगों को यहां की सभी सुविधा के बारे में बताऊंगा।



पीतम सिंह



मेरा नाम नसरीन खान (53 साल) मैं हौज रानी में रहती हूँ। मैं पिछले 20 वर्षों से आपके हौज रानी केन्द्र में डॉक्टर वन्दना जी को सामान्य रोग चिकित्सा विभाग में दिखाती आई हूँ। डॉ. वन्दना द्वारा दिया गया। उपचार एवं दवाईयों से मुझे बहुत आराम मिलता है। मैं और मेरा परिवार एवं जानकार भी आपके हौज रानी केन्द्र में उपचार के लिए अलग-अलग विभाग में दिखाने आते हैं। यहां की उपचार शुल्क की राशि बहुत कम है जोकि गरीब और जरूरतमंद लोग के लिए ठीक है। मैं अल्लाह से यही दुआ करूंगी कि यहां संस्था इसी तरह जरूरतमंदों और गरीब मरीजों की इस तरह मदद करें। इंशाल्लाह, यहां सभी का व्यवहार बहुत अच्छा है।

नसरीन खान

मैं (रेनू मल्होत्रा) पिछले 20 से हौज रानी वाले केन्द्र पर फिजियोथेरेपी में जब मुझे प्रॉब्लम होती है तो ईलाज के लिए आती हूँ। मुझे यहां के ईलाज से बहुत फायदा एवं सन्तुष्टि मिलती है और यहां का जो सुविधा शुल्क है वह भी आज के समय के हिसाब से नामनात्र है। इस शुल्क पर सभ जरूरतमंद मरीज ईलाज पाकर खुश हूँ। मेरे परिवार के और सदस्य भी समय-समय पर फिजियोथेरेपी के लिए आते रहते हैं। मैं यहां के फिजियोथेरेपी सुविधा के बारे में अपने पड़ोस एवं जानने वालों को भी बताती रहती हूँ। परिणामस्वरूप बहुत से लोग इस कम शुल्क से फिजियोथेरेपी से लाभान्वित होते रहते हैं। यहां के सभी डॉक्टर्स एवं कर्मचारियों का व्यवहार भी काफी अच्छा है। इन सभी सुविधाओं के लिए मैं इस केन्द्र को धन्यवाद देती हूँ।



रेनू मल्होत्रा

GLIMPSES OF CAMPS

During the months of September & October, MID organized a total of 65 Free Eye & Health check up camps (26 Eye & Health check up camps in Delhi / NCR, 03 School camp under project 'झांके नहीं आंखों में' in Delhi NCR and 36 Outstation camps. A total of 26,842 persons were benefited.

SPONSORED BY :  **Indian Oil Corporation Limited**
(Eye & Health check up)

1. BIJWASAN TERMINAL, IOCL, SHAHI ROAD, BHARTHAL DELHI.

Date : 1st September, 2022

Beneficiaries : 505

Cataracts : 02

Attended by : Sh. Satya Pal Singh, C.M. Bijwasan Terminal IOCL



Registration of Patients



Distribution of Specs and Medicines



Checking of Eye



Checking of Chest

2. SMART TERMINAL ROHTAK ROAD TIKRIKLAN DELHI

Date : 2th September, 2022

Beneficiaries : 461

Cataracts : 03

Attended by : Sh. Neeraj Kumar, G.M. IOCL Tikriklan Terminal



Counseling of patients by the Doctor



ECG in Progress



Distribution of Specs



Checking of Patients

3. INDIAN OIL LPG BOTTLING PLANT, MADANPUR KHADAR, DELHI

Date : 22th October, 2022

Beneficiaries : 380

Cataracts : 01

Attended by : Sh. Umesh Pal Singh, Sh. I. S. Dass, Chief Plant Manager IOCL



Examination of Eye



Checking of Eye through AR Machine



ECG in Progress



Checking of B.P and Sugar

4. NAYA GAON, BADSHAHPUR, GURGAON (HARYANA)

Date : 22th October, 2022

Beneficiaries : 278

Cataracts : 07

Attended by : Sh. Ajay Xalxo, Chief Manager, Plant IOCL



Felicitation -Sh. Ajay Xalxo, Chief Manager



Checking of B.P



Examination of Eye



Counseling to Patients by Gen-Physician

SPONSORED BY : **RITES** RITES
(Eye & Health check up)

5. KNOWLEDGE HUB CENTER, KHARKGARI, NUH, MEWAT.

Date : 04th September, 2022

Beneficiaries : 290

Cataracts : 06

Attended by : Smt. Pankaj Rani, Sh. Mohd. Rafik, Social Worker BUDS



Eye Examination



Counseling of patient by the Doctor



Distribution of specs and Medicines



Counseling Session by Ms. Chinki Gupta

6. GOVT SCHOOL, GOPALPUR, PUNA HANA, NUH, MEWAT (HR)

Date : 11th September, 2022

Beneficiaries : 397

Cataracts : 12

Attended by : Sh. Jakir Chairman SMC, Sh. Ved Parkash, Village Sarpanch, Gopalpur Puna Hana, Nuh.



Eye Examination



Honor of VIP



Distribution of Medicines & Specs



Counseling Session by Ms. Chinki Gupta

7. GOVT SCHOOL, VILLAGE- MALAHKA, TEHSIL- TAURU, DISTRICT- MEWAT (HR)

Date : 09 th October, 2022

Beneficiaries : 349

Cataracts : 6



ECG in Progress



Checking of Eye through AR Machine



Examination of Eye



Team of Doctors and Paramedical Staff

8. Gram Sachiwalay, Village Tain, Tehsil and District-Nuh (Haryana)

Date : 16 th October, 2022

Beneficiaries : 399

Cataracts : 07



Counseling



Checking of BP and Sugar



Checking of Vision



Felicitation : Md. Alam Khan, Social Worker

9. G-1, SHAHEEN BAGH, NALA ROAD, OKHLA, NEW DELHI

Date : 23 th October, 2022

Beneficiaries : 306

Cataracts : 04



Checking of Eye through AR Machine



Felicitation : Md. Tanwar Khan, & Md. Abdul Gaffar Coordinator



ECG in Progress



Team of Doctors and Paramedical Staff

SPONSORED BY : Alankar Foundation, Hauz Khas
(Eye & Health check up)

10. RESEARCH CENTRE IN SLUM AREA UNDER SAFDARJUNG FLYOVER, NEW DELHI.

Date : 4th September, 2022

Beneficiaries : 154

Cataracts : 02

VIP : Sh. Chander Prakash Sharma, Industrialist & Advocate, Dr. Sunita Gupta, Gynae (Gold medalist), Dr. Sunil Sharma, Yoga Guru & Marm Chikatsa, Dr. Sushi Singh, President, Sai Social Responsibility & Research Center, & Sh. Ashhok Kumar Jain Chairman Finance MID



Checking of B.P.



Distribution of Specs



Registration of Patients



ECG in Progress

SPONSORED BY :



Container Corporation of India Ltd.
(Eye & Health check up)

11. KANKAHA, MOHANLALGANJ, LUCKNOW

Date : 2th September, 2022

VIP : Smt. Chandra Rawat Ex - MLA, Mohanlalganj, Sh. Om Prakash, Block head Mohanlalganj.

Beneficiaries : 532

Cataracts : 32



Distribution of Specs



Checking of Vision Using AR Machine



ECG in Progress



Felicitation of VIP by Smt. Chandra Rawat Ex-MLA

12. Community Center Kaneri Mohanlalganj, Lucknow

Date : 4th September, 2022

VIP : Smt. Chandra Rawat, Ext-MLA Mohanlalganj, Sh. Brajesh Kumar Verma, Gram Pradhan.

Beneficiaries : 606

Cataracts : 29



ECG in Progress



Distribution of Specs and Medicines



General Check up



Checking of B.P. and Sugar

IN ASSOCIATION WITH MI CHENNAI

13. ICD CONCOR, TONDIARPET, CHENNAI

Date : 5th September, 2022

Beneficiaries : 773

Cataracts : 13

Attended by : Sh. K.Thamizh Selvan DGM CONCOR Chennai. Sh. Gyan Chand Kothari Chairman, Sh. Prakash Lodha, Eye Camp Director MI Chennai Metro



Checking of Eye



Distribution of Medicines



Checking of B.P



Registration of Patients

14. ICD CONCOR, NEW TRANSPORT BHAWAN, TUGLAKABAD

Date : 5th September, 2022

Beneficiaries : 469

Cataracts : 04

Attended by : Smt. AshuSikka TM CONCOR Tuglakabad



ECG in Progress



Distribution of Medicines



Examination of Eye



Distribution of Specs

15. ICD, CONCOR, DADRI, GAUTAM BUDH NAGAR, GREATER NOIDA, UP

Date : 7th September, 2022

Beneficiaries : 694

Cataracts : 03

Attended by : Sh. J.K. Jeengar, Chief Manager, Sh. B.P. Singh, Sr. G.M. (Tec.) Sh. Sunit Kumar Singh, Sr. Manager (C & O) Dadri



Checking of Vision using Trial Set



Patients Counseling by the Doctors



ECG in Progress



Checking of B.P.

16. SARAI GUDAULI, GOSAIGANJ, MOHANLALGANJ, LUCKNOW

Date : 8th September, 2022

Beneficiaries : 466

Cataracts : 2

VIP : Smt. Chandra Rawat, Ex-MLA, Mohanlalganj, Sh. VinayVerma, Block Pramukh.



Distribution of Medicines



Checking of B.P.



Registration of patient



Checking of Vision using AR Machine

17. ICD, LOCOSHED, MORADABAD, U.P.

Date : 8th September, 2022

Beneficiaries : 421

Cataracts : 0

Attended by : Sh. Ashish Gautam, TM, Sh. Kamar Alam, DM (C&O) CONCOR Locoshed, Moradabad.



ECG in Progress



Checking of Vision using Trial Set



Honour of CONCOR officials



Eye Examination

18. SIDCUL CONCOR INFRA COMPANY LTD PLOT NO 4 & 5, SEC -14, SIIDCUL, PANTNAGAR (UK)

Date : 14th September, 2022

Beneficiaries : 181

Cataracts : 0

VIP : Sh. Atul Kumar Singh, CEO & JWG Pant Nagar JVC SCICL



Checking of Vision through AR Machine



Patient Counseling by the Doctor



Checking of Sugar



ECG in Progress

19. RAIPUR RAJA MAJRA UDAYPUR BKT MOHANLALGANJ LUCKNOW

Date : 17th September, 2022

Beneficiaries : 482

Cataracts : 0

VIP : Smt. Chandra Rawat, EX-MLA Mohanlalganj



Checking of B.P and Sugar



Felicitation of VIP by Smt. Chandra Rawat Ex-MLA, Team MID



Prescription by Doctor



Checking of Vision through AR Machine

20. KAKORA MOHANLALGANJ, LUCKNOW

Date : 18th September, 2022

Beneficiaries : 401

Cataracts : 26

VIP : Smt. Chandra Rawat, Ex- MLA Mohanlalganj, Sh. Om Prakesh Shukla, Block Pramukh Mohanlalganj.



Checking of B.P and Sugar



Checking of Vision through AR Machine



Team of Doctors and Paramedical Staff



Distribution of Specs

IN ASSOCIATION WITH MI BENGALURU

21. ICD, CONCOR, WHITEFIELD ROAD, BENGALURU

Date : 16th September, 2022

Beneficiaries : 738

Cataracts : 02

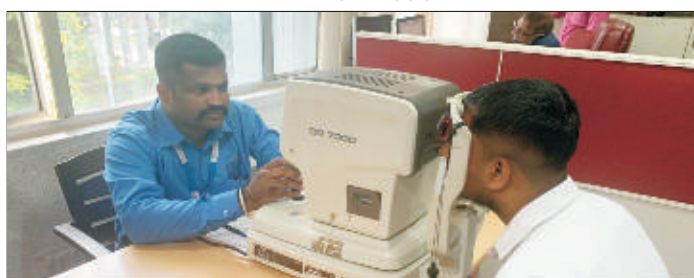
Attended by : Sh. Parryvallal IRS, Addi Commissioner of Customs, Sh. D.Amalan General Manager (C&O), ICD CONOR Bengaluru. Sh. Sushil Talesara Chairman, Smt. Bharathi Chajjed Vice Chairperson, Sh. Suresh Lakhani Treasurer, Sh. Sandeep Mehta and Sh. Goverdhan Devasi Members MI Bengaluru and Ms. Usha Kapoor CEO Mahavir International Delhi.



EYE Examination



Examination of Chest



Checking of Vision through AR Machine



VIP with CONCOR & MI Official

IN ASSOCIATION WITH MI NAGPUR

22. ICD, CONCOR, MIHAN, NAGPUR

Date : 16th September, 2022

Beneficiaries : 451

Cataracts : 0

Attended by : Sh. Santosh Kumar Singh, C.M. and Sh. Avinash Gajbhiye A.M. (C&O), CONCOR, Nagpur & Vira Archana Jhavery, Chairperson, Vir Vipul Kothari, Secretary, MI Nagpur



Team of Doctors and Paramedical Staff



Patient Counseling by the Doctor



Registration of Patients



Distribution of Specs

23. ICD CONCOR JUHI MARSHALLING YARD KANPUR

Date : 20th September, 2022

VIP : Sh. Bhagyamani Singh T. M. CONCOR Kanpur

Beneficiaries : 211

Cataracts : 0



Team of Doctors and Paramedical Staff



ECG In Progress



Felicitation of Sh. Bhagyamani Singh



Checking of B.P and Sugar

IN ASSOCIATION WITH MI BLUE CITY JODHPUR

24. ICD CONCOR BHAGAT KI KOTHI JODHPUR

Date : 22th September, 2022

Beneficiaries : 211

Cataracts : 37

Attended by : Vir J.M. Kumbhat Chairman, Vir Rajeev Saxena, Jt. Convenor, Vir Ashok Goyal, Vice President Apex, Vira Sudha Garg, Secretary, Vira Pushpa Kumbhat, MI Blue City Jodhpur.



Examination of Vision



Checking of B.P



Counseling of Patients by the Doctor



Writing Prescription

25. MMLP CONCOR JHARSUGUDA ODISHA

Date : 23th September, 2022

Beneficiaries : 129

Cataracts : 0

Attended by : Sh. Navneet Sankhla, Terminal Manager, Jharsuguda Odisha



Team of Doctors and Paramedical Staff



EYE Examination



Checking of B.P. and Sugar



Counseling of patients by the Doctors

IN ASSOCIATION WITH MI INDORE

26. MMLP CONCOR, TIHIRAU NEAR INDORE

Date : 26th September, 2022

Beneficiaries : 229

Cataracts : 02

Attended by : Sh. V. Kiran Kumar, CM CONCOR, Sh. Ram Patel, Sarpanch, Village, Tihi & Vir Pradeep Tongia Chairman MI INDORE CENTER.



Checking of Vision through AR Machine



Checking of BP



Distribution of Specs



Distribution of Medicines

27. MAJERHAT, CONCOR TERMINAL REMOUNT ROAD, KANTAPUKUR KOLKATA

Date : 26th September, 2022

Beneficiaries : 241

Cataracts : 05

Attended by : Sh. Sandeep Karmakar AM Majerhat CONCOR



Distribution of Medicines



Checking of B.P and Sugar



Checking of Vision



ECG in Progress

28. CFS CONCOR TERMINAL, VALLARPADAM, KERALA

Date : 26th September, 2022

Beneficiaries : 416

Cataracts : 12

Attended by : Sh. Sivakumar, TM, CFS CONCOR, Vallarpadam, Dr. Praveen G Pai, Camp Coordinator, (CARB) and Ms. Usha Kapoor, CEO, MID.



Checking of Vision through AR Machine



Checking of Eye through slit lamp



Counseling to patient by the Doctor



Distribution of Medicines

IN ASSOCIATION WITH MI ABU ROAD

29. CONCOR TERMINAL, MMLP, SWAROOPGANJ

Date : 27th September, 2022

Beneficiaries : 158

Cataracts : 03

Attended by : Sh. ArunaloSinha, T.M. CONCOR Swaroopganj, Sh. KuldeepDangi, Chairman, Sh. Suresh Kothari, Sh. Mahendra Mardia, Sh. Avnesh Jain, Sh. Dilip Goyal & Sh. Mohit Sharma, Member, M.I, Abu Road



Distribution of Medicines



Checking of Eye



Checking of B. P.



ECG in Progress

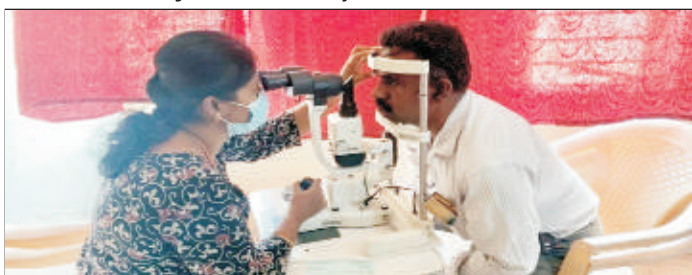
30. CFS CONCOR TERMINAL, MILAVITTAN, TUTICORIN, TAMILNADU

Date : 28th September, 2022

Beneficiaries : 658

Cataracts : 25

Attended by : Sh. Selvaraj Saravana Perumal, TM, CFS CONCOR, Dr. Praveen G Pai, Camp Coordinator, and Ms. Usha Kapoor, CEO, MID.



EYE Examination



Checking of B.P.



Checking of Vision through AR Machine



Counseling to patient by the Doctor

IN ASSOCIATION WITH MI HYDERABAD

31. ICD CONCOR SANATH NAGAR MOOSAPET, HYDERABAD

Date : 28th September, 2022

Beneficiaries : 571

Cataracts : 04

Attended by : Ms. Nandita Rao, Manager Operations CONCOR, Vira Prabha Dugar, Chairperson, Vira Renuka Chordiya, Vice President, Vira Rekha Bhandari (Adviser), Vira Sadhna Sisodiya (Director) & Vira Sangeeta Baid, MI Hyderabad



Team of Doctors and MI Hyderabad



Checking of Vision



Registration of Patients



Distribution of Medicines

IN ASSOCIATION WITH MI MARUDHAR AHMEDABAD

32. CONCOR ICD KHODIYAR GANDHINAGAR AHMEDABAD (GUJARAT)

Date : 28th September, 2022

Beneficiaries : 842

Cataracts : 05

Attended by : Sh. Anand Pandey, TM CONCOR, Sh. Vinod Sh. Sanklecha, Chairman, Sh. Mahaveer Bhansali, Treasurer, Sh. Savroop Bhansali & Sh. Deepak Bhansali Members MI Marudhar Ahmedabad



Team of CONCOR & MI Marudhar Ahmedabad



Checking of Vision



Checking of B.P.



Counseling to Patients by Gen-Physician

IN ASSOCIATION WITH MI NAVI MUMBAI

33. ICD CONCOR DRONAGIRI NAVI MUMBAI

Date : 28th September, 2022

Attended by : Dr. Anil Chhajed Chairman MI Navi Mumbai

Beneficiaries : 516

Cataracts : 6



Registration of Patients



Checking of Eye through AR Machine



ECG in Progress



Felicitation of CONCOR officials

IN ASSOCIATION WITH MI NAVI MUMBAI

34. ICD CONCOR, RAILWAY GOODS SHED OFFICE TURBE NAVI MUMBAI

Date : 29th September, 2022

Attended by : Dr. Anil Chhajed Chairman, Sh. Dineshji Babel, Member MI Navi Mumbai.

Beneficiaries : 419

Cataracts : 3



Checking of B.P



Checking of Eye through AR Machine



Checking of Vision



Counseling to Patients by Gen- Physician

IN ASSOCIATION WITH MAHAVIR INTERNATIONAL, LUDHIANA

35. CONCOR ICD DHANDARI KALAN, LUDHIANA

Date : 30th September, 2022

Attended by : Sh. Gabriel R. Joneja, TM CONCOR & Vir Sanjeev Jain Int .Vice President, Vir Raj Kumar Jain, Chairman, Vir Ajay Kumar Jain, Gen Sect, Vir Vijay Kumar Jain, Vice President, Vir Mohinder Pal Jain, Vir Vinod, Vira Neha, Members MI Ludhiana.

Beneficiaries : 274

Cataracts : 04



Distribution of Medicines and Specs



Registration of Patients



Teams of Doctor and Paramedical Staff



Distribution of Medicines

36. SIDCUL CONCOR INFRA COMPANY LTD. Sec -14, SIIDCUL, Pant Nagar (UK)
Date : 15th October, 2022 **Beneficiaries** : 140 **Cataracts** : 0
Attended by : Sh. Atul Kumar Singh, CEO of SIDCUL CONCOR INFRA COMPANY LTD.



Team of Doctors and Paramedical Staff



Checking of BP and Sugar



Distribution of Medicine



Counseling to Patient

37. ICD CONCOR TUGLAKABAD
Date : 15th October, 2022 **Beneficiaries** : 569 **Cataracts** : 02
Attended by : Smt. Ashu Sikka, TM CONCOR Tuglakabad



ECG in Progress



Distribution of Medicine



Checking of Eye through AR Machine



Team of Doctors and Paramedical Staff

38. Ram Smarak Public Junior High School, Mall Road Dubgga, Mohanlalganj,
Date : 17th October, 2022
VIP : Smt. Chandra Rawat, Ex- MLA Mohanlalganj

Beneficiaries : 619

Cataracts : 11



Distribution of Medicine and Specs



Registration of Patients



View of Camp



Examination of Eye

39. CSP PUBLIC SCHOOL NAVINNAGAR, MOHANLALGANJ, LUCKNOW

Date : 18th October, 2022

Beneficiaries : 827

Cataracts : 26

VIP : Smt. Chandra Rawat, Ex- MLA Mohanlalganj



Checking of BP. And Sugar



Distribution of Medicine and Specs



Team of Doctors and Paramedical Staff



Counseling to Patients by Gen-Physician

40. KHAARI CHOUPAL, TILPATA, DADRI, GAUTAMBUDH NAGAR, GREATER NOIDA, UP

Date : 18th October, 2022

Beneficiaries : 557

Cataracts : 04

Attended by : Sh. J. K. Jeengar, Chief Manager, Sh. B. P. Singh, Sr. GM, Technical, Sh. Sunit Kumar Singh, Sr. Manager (C&O), CONCOR Dadri.



Distribution of Medicine



ECG in Progress



Distribution of Specs and Medicines



Checking of Eye

41. MML PARK CONCOR, KHATUWAS, ALWAR (RAJASTHAN)

Date : 20th October, 2022

Beneficiaries : 458

Cataracts : 05

Attended by : Sh. Surinder Bamal, Dy. G M (C & O) Khatuwas CONCOR



Examination of Eye



Checking of B.P and Sugar



Checking of Eye through AR Machine



Team of Doctors and Paramedical Staff

42. ICD CONCOR JUHI MARSHELLING YARD KANPUR

Date : 27th October, 2022

Beneficiaries : 497

Cataracts : 0

Attended by : Sh. P. K. Maheshwari, A.M. CONCOR Kanpuri Marshelling Yard Kanpur



View of Camp



Checking of B.P and Sugar



Checking of Eye through AR Machine



Team of Doctors and Paramedical Staff

43. CONCOR, ICD, LOCOSHED, MORADABAD, U.P.

Date : 28th October, 2022

Attended by : Sh. Ashish Gautam, TM, Locoshed Moradabad

Beneficiaries : 339

Cataracts : 03



Counseling to Patients by Gen-Physician



ECG in Progress



Examination of Eye



Team of Doctors and Paramedical Staff

44. FHEL CA STORE, HSIDC INDUSTRIAL ESTATE RAI DISTRICT- SONIPAT-131029 (HR)

Date : 28th October, 2022

Beneficiaries : 256

Cataracts : 02

Attended by : Sh. Deepak Nijhawan, Dy Gen Manager of FHEL CA Store



Felicitation : Sh. Deepak Nijhawan, Dy Gen Manager



ECG in Progress



Checking of Eye through AR Machine



Counseling to Patients by Gen-Physician

45. MMLP CONCOR JHARSUGUDA ODISHA

Date : 29th October, 2022

Beneficiaries : 254

Cataracts : 0

Attended by : Sh. Navneet Sankhla T. M. CONCOR



BP and Sugar Checking



Examination of EYE



Team of Doctors and Paramedical Staff



Checking of Vision using AR machine

46. MAJERHAT CONTAINER TERMINAL REMOUNT ROAD KANTAPUKUR KOLKATA

Date : 31th October, 2022

Beneficiaries : 208

Cataracts : 0

Attended by : Sh. Sandeep Karmakar A.M. CONCOR Majerhat



Distribution of Specs and Medicines



Team of Doctors and Paramedical Staff



Checking of Near Vision



Checking of BP and Sugar

SPONSORED BY : **ALIMCO**
(Eye & Health check up)

47. CHETANALAYA, CHHOTA SCHOOL, G-BLOCK JHUGGI, JAHANGIR PURI

Date : 11th September, 2022

Beneficiaries : 441

Cataracts : 13

Attended by : Sh. Himanshu Kumar, Co-Ordinator, Smt. Anita, Asst. Co-ordinator, Chetanalaya



ECG in Progress



Examination of Eye



Checking of B.P.



Checking of Vision through AR Machine

48. CHETANALAYA, E-BLOCK, BASTI VIKAS KENDRA, J. J. COLONY, BAWANA, DELHI

Date : 18th September, 2022

Beneficiaries : 508

Cataracts : 09

Attended by : Sh. Victor, Co-Ordinator, Chetanalaya.



Felicitation of VIP Sh. Victor, Co-Ordinator



Checking of Vision through AR Machine



Patient Counseling & Examination of Ear



Registration of Patients

49. J-32, BLOCK - J, NEW SEELAMPUR, DELHI

Date : 23th October, 2022

Beneficiaries : 561

Cataracts : 17



Examination of Eye



ECG in Progress



Counseling to Patients



Checking of Vision

50. F 2/50, DAYALPUR EXTENSION, KARAWAL NAGAR ROAD, DELHI

Date : 30th October, 2022

Beneficiaries : 482

Cataracts : 05

Attended by : Sh. Harish Kumar, Manager & Incharge, Regional Marketing & Disability Rehabilitation Centre (ALIMCO)



Checking of Vision



ECG in Progress



Counseling to Patients by Gen-Physician



Examination of Eye

SPONSORED BY :  **GAIL (India) Limited**
(Eye & Health check up)

IN ASSOCIATION WITH MI CHITTORGARH

51. GOVT. SR. SEC. SCHOOL ABHAYPUR DIST CHITTORGARH

Date : 13th September, 2022

Beneficiaries : 256

Cataracts : 2

Attended by : Vir Abhay Sanjeti, Chairman, Vir Praveen Jatin, Joint Secretary, Vir Prakash Pokhrana, Vir Navneet Modi, Vir Rajendra Sancheti, Member MI Chittorgarh, Sh. Vishnu Dutt Sharma, Principal School & Sh. Om Prakash Kumsvat, V. D. O.



EYE Examination



Registration of Children



Checking of Vision through AR Machine



Checking of B.P.

52. SHREE NAAMESH RAAMESH GHYAN VIDHAYAPITH CHITTORGARH

Date : 16th September, 2022

Beneficiaries : 747

Cataracts : 41

VIP : Sh. C.P. Joshi Member of Parliament Chittorgarh



Examination of Chest



Checking of B.P.



Eye Examination



Registration

53. JAIN STHANAK BHIMGARH TEHSIL RASHMI DISTRICT CHITTORGARH

Date : 19th September, 2022

Beneficiaries : 572

Cataracts : 40

Attended by : Vir Abhay Sanjeti, Chairman, Vir C.M. Ranka, Sr. Vice Chairman, Vir Prakash Pokhrana, Vir Navneet Modi, Vir Rajendra Sancheti, Vir K.M. Mehta, Member MI Chittorgarh & Vir Ratan Lal Hingad Secretary, Vir Kiran Chandalia Treasurer MI Bhimgarh



Checking of B.P.



Eye Examination



Checking of Vision through AR Machine



View of Camp

54. BASTI VIKAS KENDRA, JAHAWAR MOHALLA, SHASHI GARDEN, PATPARGANJ, DELHI

Date : 18th September, 2022

Beneficiaries : 328

Cataracts : 06

Attended by : Sh. V.N. Sharma, Chairman, Special Initiative & Former Add. CPF Commissioner, Smt. Dharti Varshney Sr. Manager Projects MID



ECG In Progress



Checking of Vision through AR Machine



Eye Examination



Registration of Patients

IN ASSOCIATION WITH MI CHITTORGARH

55. GOVERNMENT SENIOR SECONDARY SCHOOL SAMBHUPURA DISTRICT CHITTORGARH

Date : 21th September, 2022

Beneficiaries : 538

Cataracts : 39

VIP : Sh. Jugal Kishore Sharma Principal



Patients Counseling by the Doctors



Checking of Vision through AR Machine



Registration of Patients



Checking of Eye

IN ASSOCIATION WITH MI CHITTORGARH

56. MAHAVIR INTERNATIONAL EYE HOSPITAL, CHITTORGARH

Date : 29th September, 2022

Beneficiaries : 226

Cataracts : 14

Attended by : Vir Abhay Sanjeti, Chairman, Vir Anil Pokharna, Vir Pravin Joint Secretary, Vir C.M. Raka, Vir C.P. Jain, Vir Prakash Pokhrana, Vir Navneet Modi, Vir Rajendra Sancheti, Vir K.M. Mehta, Vir J.L. Tailor Member MI Chittorgarh.



Checking of B.P.



Checking of Vision through AR Machine



Eye Examination



Registration

SPONSORED BY :  **Rajdhani Besan Ltd.**
(Eye & Health check up)

57. JAI RISHABH ASHRAM (BEHIND VALLABH VIHAR), SEC - 13, ROHINI, DELHI

Date : 18th September, 2022

Beneficiaries : 492

Cataracts : 10



Registration of Patients



Consultation with Doctor



Prescription by Doctor



Checking of Vision

58. B - 30, RAJDHANI FLOUR MILL, LAWRENCE ROAD DELHI

Date : 1st October, 2022

Beneficiaries : 540

Cataracts : 04

VIP : Sh. Rajesh Kumar, SHO Keshav Puram Police Station

Attended by : Sh. S.K. Jain, Chairman Rajdhani Besan Group & Chairman Projects MID, Sh. Chetan Jain, MD, Smt. Shobha Jain, Director, Smt. Swati Jain, Vice President, R.F.M.L & Sh. K Narayan Chairman, Sh. Arun Jain, Secretary MID, Smt. Dharti Varshney, Sr. Manager Projects MID.



Inauguration of Camp by Sh. Rajesh Kumar, SHO Keshav Puram & Chairman Sh. K. Narayan



Registration of Patients



Checking of B.P. & Sugar



Checking of Eye through AR Machine

59. 2248-2250 PHASE-2 INDUSTRIAL AREA RAI, SONIPAT, HARYANA

Date : 8th October, 2022

Beneficiaries : 860

Cataracts : 03

VIP : Sh. Satender Kumar Jain, Chairman Rajdhani Besan Group & Chairman Projects MID, Sh. Chetan Jain, MD, Rajdhani Besan Group

Attended by : Md. Ayubvazir khan, Director- Production R.F.M.L. & Smt. Dharti Varshney, Sr. Manager Projects MID. Phase-2 Industrial area Rai, Sonipat, Haryana



Sh. Satender Kumar Jain Chairman Rajdhani Besan Group Inaugurating the camp



Checking of Eye



Checking of B.P.



Checking of Eye through AR Machine

SPONSORED BY : Manav Kalyan Foundation (Eye & Health check up)

60. VIMLA CLINIC SECTOR - 10 NOIDA U. P.

Date : 15th October, 2022

Beneficiaries : 678

Cataracts : 08

Attended by : Smt. Rekha Doogar (L.M. 142 MID), Sh. Vardhman Doogar.



Checking of Vision



Counseling to Patients by Gen-Physician



ECG in Progress



Examination of Eye

झांके नन्हीं आंखों में (Eye & Health check up)

SPONSORED BY : Smt. Veena Jain, on occasion of 25th Birthday (25th Sep. 2022) of her Grandson Sh. Naman Jain (London).

61. SHRI GURU RAM RAI SARASWATI SHISHU MANDIR SCHOOL, PANCHKUIAN ROAD, ARAM BAGH, NEW DELHI

Date : 24th September, 2022

Beneficiaries : 337

Cataracts : 0

Attended by : Smt. Dharti Varshney Sr. Manager (Projects) MID.



Vision Checking of Children using Trial Set



Checking of Refraction



General Checkup



Registration of Children's

SPONSORED BY : **SAFEXPRESS** Safexpress Pvt. Ltd
(Eye & Health check up)

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62. SPYM Shelter Home near Sarae kale khan Delhi

Date : 10th October, 2022

Beneficiaries : 177

Cataracts : 01

VIP : Sh. Praveen Kumar, MLA, Jungpura

Attended by : Smt. Dharti Varshney Sr. Manager (Projects) MID.



Checking of Eye through AR Machine



Writing Prescription



Distribution of Medicines and Specs



Felicitation of VIP Sh. Praveen Kumar, MLA

SPONSORED BY : Shri Subash Chand Barjatya LM-349 on his Birthday (18 Oct)
(Eye & Health check up)

63. SHIV VIHAR, PHASE 7, GALI NO-21, KARAWAL NAGAR
Date : 29th October, 2022

Beneficiaries : 445

Cataracts : 0



View of Camp



Examination of Eye



Registration of Children's



Distribution of Medicine

MAGNANIMOUS GESTURES

In the months of September & October 2022, following persons sponsored Cataract Surgery/Free OPD/सबको भोजन/ School Camps under project 'झांके नहीं आंखों में' on BIRTHDAY/ ANNIVERSARY/ SPECIAL OCCASION of their loved ones.

S.No.	SPONSORED BY	REFERENCE	PROJECT	OCCASION
1.	SMT. SANDHYA JAIN & SH. PAWAN JAIN, PATRON	LM-053	सबको भोजन HEALTH CAMP FREE OPD	On Birthday of Sh. Pawan Jain on 1st September 2022
2.	SMT. VIBHA JAIN	LM-236	CATARACT SURGERIES	On her Birthday on 2nd September 2022
3.	SMT. JAINWATI JAIN	LM-018	CATARACT SURGERIES	On her Birthday on 2nd September 2022
4.	SMT. PREETI MEHTA W/O SH. SATISH MEHTA IFS FORMER AMBASSADOR	FRIEND OF SH. S.K. JAIN, PATRON MID	CATARACT SURGERIES	In Fond Memory on Death Anniversary of her Father Sh. Praduman Singh
5.	SMT. KIM ADHLAKHA	COUSIN OF MS. USHA KAPOOR CEO	सबको भोजन	on Ashtami on 2nd October 2022
6.	SMT. SANDHYA JAIN & SH. PAWAN JAIN, PATRON	PATRON MID LM-053	सबको भोजन SCHOOL CAMPS	On Birthday of Smt. Sandhya Jain on 6th October 2022
7.	SH. SUBHASH CHAND BARJATYA	LM-349	CATARACT SURGERIES	on his Birthday on 11th October 2022
8.	SMT. SANDHYA JAIN & SH. PAWAN JAIN, PATRON	PATRON MID LM-053	सबको भोजन FREE OPD	in fond memory on Birth Anniversary of Smt. Narayani Devi Mother of Sh. Pawan Jain Patron, MID on 26th October 2022

APPEAL - Make a Donation to MID In Honor of someone to celebrate a Birthday/Wedding Anniversary/ Memory or any other Special Occasion.



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